

Dr. Matthew T. Winterton, MD, FAAOS: Elevating Hand and Orthopedic Surgery in St. Louis, MO

Nationally Trained Surgeon Brings Advanced Expertise and Compassionate Care to the Greater Saint Louis region



New York City, New York May 13, 2025 ([Issuewire.com](https://www.issuewire.com)) - Dr. Matthew T. Winterton, MD, FAAOS, a board-certified orthopedic surgeon specializing in hand and upper extremity surgery, is now practicing at Midwest Hand to Shoulder in St. Louis, Missouri. With a distinguished educational background and a commitment to patient-centered care, Dr. Winterton is enhancing the region's orthopedic services.

Dr. Winterton's medical journey began at the Perelman School of Medicine at the University of

Pennsylvania, where he earned his Doctor of Medicine degree. He completed his orthopedic surgery residency at the Hospital of the University of Pennsylvania and further specialized with a fellowship in hand and upper extremity surgery at Rush University Medical Center. His comprehensive training equips him to address complex conditions affecting the hand, wrist, elbow, and shoulder, as well as general orthopedic surgical conditions, including fractures. He has a special interest in peripheral nerve entrapment syndromes, such as carpal and cubital tunnel syndromes; reconstructive microsurgery; complex fractures; joint replacements; and treating injured workers. Dr. Winterton has participated in the evaluation and care of several high-profile cases across the country, including professional athletes.

At Midwest Hand to Shoulder Surgery, located at 11710 Old Ballas Rd., Ste 110, Saint Louis, MO 63141, Dr. Winterton offers advanced surgical and non-surgical treatments for a range of conditions, including carpal tunnel syndrome, traumatic injuries, repetitive-use injuries, and osteoarthritis. His approach emphasizes restoring function and improving the quality of life for his patients. Dr. Winterton is affiliated with Mercy Hospital St. Louis, Missouri Baptist, and St. Luke's Hospital, ensuring comprehensive care throughout the treatment process.

Patients have praised Dr. Winterton for his attentive and empathetic care. One patient noted, "Dr. Winterton talks to you as an equal and always makes sure that you understand and have a choice in treatment," highlighting his commitment to clear communication and patient involvement in care decisions.

Dr. Winterton's dedication to excellence is evident in his ongoing engagement with the medical community through research and education. He has contributed to several peer-reviewed publications and continues to stay abreast of the latest advancements in orthopedic surgery. His practice at Midwest Hand to Shoulder Surgery reflects a blend of technical proficiency and compassionate care, aiming to provide the highest standard of treatment to the Saint Louis community.

Learn More about Dr. Matthew T. Winterton:

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/84148839-Matthew-Winterton-Hand-Surgeon> or through Midwest Hand to Shoulder Surgery, www.midwesthandsurgery.com.

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Source : Dr. Matthew T. Winterton

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