

Dr. Allison Lelania Long, DNP: Compassionate Psychiatric Care Empowering Mental Wellness in Jupiter, Florida

Compassionate Psychiatric Care Rooted in Holistic Healing: Dr. Allison Lelania Long Leads with Expertise and Empathy



New York City, New York May 28, 2025 ([Issuewire.com](https://www.issuewire.com)) - Dr. Allison Lelania Long, DNP, PMHNP-BC, APRN, is a dedicated and board-certified Psychiatric-Mental Health Nurse Practitioner, committed to delivering expert psychiatric care to individuals at Atlas TMS in Jupiter, Florida. Specializing in the treatment of anxiety, depression, mood disorders, and ADHD, Dr. Long is passionate about advocacy and patient empowerment.

Dr. Long employs a holistic approach to develop personalized care plans that address psychiatric needs while considering the physical, cultural, and spiritual dimensions of her patients' lives. Her practice seamlessly integrates evidence-based treatments with compassionate, patient-centered care. "My goal is to create an environment where patients feel truly understood and supported throughout their mental health journey," says Dr. Long. "I am dedicated to providing tailored support that reinforces their path to healing."

Dr. Long's educational background underscores her commitment to excellence in mental health care. She holds an Associate of Science in Registered Nursing from Palm Beach State College (2013), a Bachelor of Science in Nursing from Boise State University (2015), a Master of Science in Nursing from the University of South Alabama (2020), and a Doctor of Psychiatric Nursing Practice (2022).

Outside of her professional work, Dr. Long enjoys traveling, attending sporting events, hiking, and relaxing at the beach, believing that maintaining a balanced life enhances her ability to provide empathetic care to her patients.

Whether beginning a mental health journey or seeking a fresh perspective, patients can trust Dr. Allison Lelania Long to guide them with expertise and empathy.

Learn More about Dr. Allison Lelania Long:

Visit her online profile at Today's Nurse here <https://todaysnurse.org/nurse/4150662>

or the Atlas TMS website at <https://atlastmsflorida.com/allison-long>.

Testimonials from Patients:

- "I am so grateful to have found Allison Long! She is incredibly compassionate and genuinely cares about your mental health, helping to determine what works best for YOU. She's the first person to offer me specialized testing to ensure I'm on the right medications. She is one of the kindest people I know. She listens, she cares, and she is truly one of a kind. Blessed to have found her!"
- "Dr. Long is one of a kind as a provider. She is full of accolades, yet remains humble and empathetic in her approach to patient care. While routine visits are not something I typically enjoy in healthcare, the time I spend with Dr. Long is something I genuinely look forward to!"
- **"I have been working with Dr. Long for several years. She is incredibly knowledgeable, caring, and truly listens. Shortly after beginning treatment with her, I reached a point where my medication was finally effective—a significant milestone after trying numerous medications with various psychiatrists over the years for treatment-resistant depression. Dr. Long has given me my quality of life back, and for that, I am forever grateful."**

Media Contact

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Source : Allison Lelania Long

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