

David A. Stern, MD, Brings Comprehensive Psychiatric Care to Rye Brook, NY

Board-Certified Psychiatrist and Psychoanalyst Offers Comprehensive Mental Health Services at Westchester Psychiatry



New York City, New York May 12, 2025 (Issuewire.com) - Dr. David A. Stern, a board-certified psychiatrist and psychoanalyst, is providing comprehensive mental health services at his private practice, Westchester Psychiatry, located at 14 Rye Ridge Plaza, Suite 225, Rye Brook, NY. With over

two decades of experience, Dr. Stern specializes in treating a wide range of mental health conditions, including depression, anxiety, relationship issues, and more.

Dr. Stern's approach combines supportive and psychodynamic psychotherapy with medication management to offer personalized care tailored to each patient's needs. His practice emphasizes a collaborative therapeutic relationship, ensuring patients receive integrated treatment without the need to consult multiple providers. Services are available for individuals, couples, and families, with options for both in-person and telehealth sessions.

In addition to his clinical work, Dr. Stern serves as an Assistant Professor of Clinical Psychiatry at Columbia University and is actively involved in teaching and supervising both at Columbia and Montefiore/Albert Einstein College of Medicine. Dr. Stern has received commendation for his teaching and supervising at Westchester Medical Center, Montefiore/Albert Einstein College of Medicine, and from the American Psychoanalytic Association. His contributions to psychiatric education include co-authoring several peer-reviewed articles and a book chapter focusing on high-value, cost-effective care in psychiatry.

Dr. Stern's commitment to mental health extends beyond his practice. He advocates for patient access to care and assists patients in navigating insurance reimbursements, particularly for out-of-network services. His practice does not directly accept insurance but provides support to patients seeking reimbursement from their insurance providers. www.westchesterpsychiatry.com.

Learn More about Dr. David A. Stern:

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/2066931-David-Stern-Psychiatrist> or through Westchester Psychiatry <https://westchesterpsychiatry.com/>

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Source : Dr. David A. Stern

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