

Ciao Giulia: A Raw, Unflinching Look at Healing and Sisterhood

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Ciao Giulia

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Ciao Giulia

Chickie Farella

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Chickie Farella, S.W.O.P, is a native of Chicago transplanted in the California Desert after a career as singer/dancer/songwriter in the Chicago local rock scene and recipient of video music awards in the Chicago International and Athens International Film Festivals during the early inception of MTV 1981, 1982. She is an Independent scholar of Women's Spirituality in Adult Education programs at the California Institute of Integral Studies, San Francisco, a recipient of a scholarship from the Italian American Cultural Foundation in 1997 for her work in progress, *Ciao Giulia*.

Canoga Park, California May 23, 2025 (Issuewire.com) - Chickie Farella's *Ciao Giulia* emerges as a powerful and essential read, offering a raw and gutsy exploration of the realities of rape and the arduous journey toward healing. This book is not merely a story; it is, as Fred L. Gardaphe of Queens

College/CUNY describes, "a raw, gutsy verbal performance that captures the reality of rape in ways you can't imagine." Farella's singular voice and masterful storytelling illuminate a path to recovery forged through confrontation and a unique form of psycho-physical penance.

At its heart, [Ciao Giulia](#) champions the transformative power of sisterhood. The narrative vividly portrays a nurturing collective of women who guide Giulia back to a state of humanness, underscoring, in Gardaphe's words, "women's power to affect change in unique ways." This testament to female solidarity highlights the profound impact that empathetic support and shared strength can have in overcoming profound trauma.

Mary Saracino, author of *Heretics: A Love Story*, hails Chickie Farella as "a creative visionary and truth-teller," whose work is "fierce, courageous, honest, and enlightening." Saracino emphasizes Farella's dedication to shedding light on the need for justice with compassion, a commitment clearly evident in *Ciao Giulia*. Farella's writing, described as "bold, clear, and unflinching," contributes significantly to the literary landscape, earning its place, according to Saracino, "not only [among] female writers—but all writers, male and female."

Beyond its unflinching portrayal of trauma, the book resonates with a deeper message of resilience and the human capacity for growth. Mary Beth Moser, PhD in Women's Spirituality and author of *Honoring Darkness*, praises Farella's "remarkable ability to communicate core values in an accessible way with humor and authenticity."

Moser recognizes Farella's consistent "truth-telling about injustice," whether in her dramatic performances, non-fictional essays, or now in her fictional work. She celebrates Farella as an "important voice in American Italian women scholars."

Ciao Giulia is more than a book; it's an experience that challenges, educates, and ultimately inspires. Chickie Farella's unparalleled voice ensures that this vital narrative will resonate deeply with readers, leaving an indelible mark and offering a profound understanding of healing, sisterhood, and the enduring human spirit. This is a book that demands to be read, embodying a courage and clarity that will undoubtedly make it a significant addition to contemporary literature.

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She was given merit on the following: Chicago International Film Festival 1981 Certificate of Merit - Music Video VIDEO CHILD; Athens Film Festival 1982 Best Music Video - VIDEO CHILD; CMS Illinois State University 1985 Best New Song and Vocalist - LET MYSELF GO; and WILD CHICAGO WTTW - TV (PBS) 1990 Chicago Emmy Best Magazine Segment.

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[Ciao Giulia](#)

Written by Chickie Farella

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