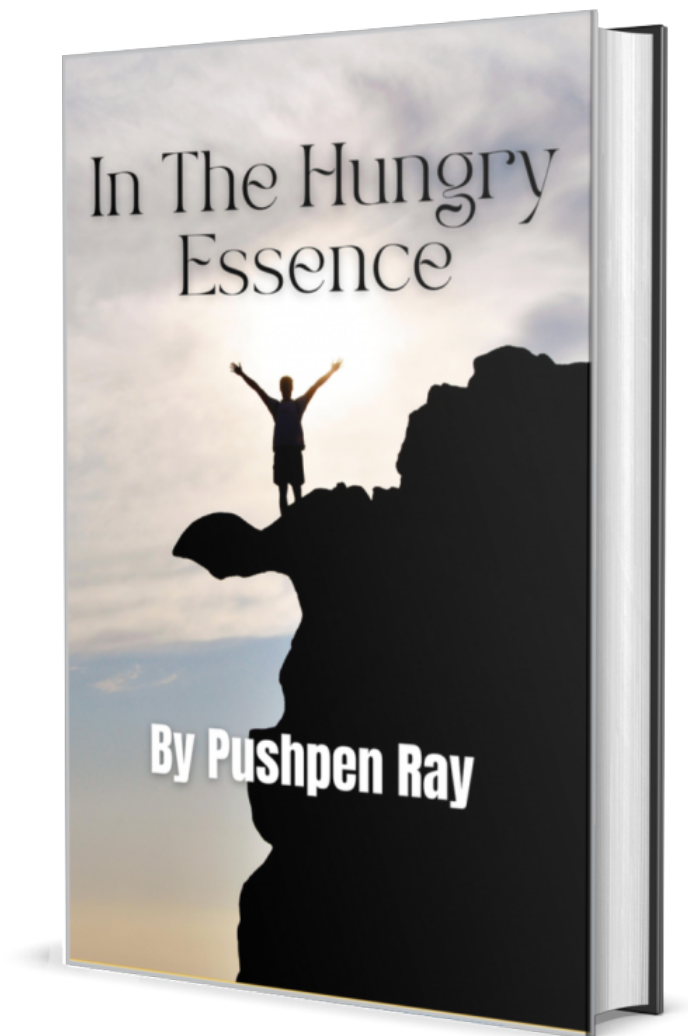


Blue Crystal Literary Magazine proudly releases **In The Hungry Essence** by acclaimed author Pushpen Ray

A Poetic Reflection on the Soul's Deepest Longings: Pushpen Ray Releases **In The Hungry Essence**



Stoke on Trent, Staffordshire Jun 25, 2025 (IssueWire.com) - Blue Crystal Literary Magazine proudly announces the release of **In The Hungry Essence**, the latest poetry collection by Bangladeshi poet and acclaimed literary voice, Pushpen Ray. Now available globally, this evocative work captures the subtle, sacred interplay of love, sorrow, longing, and the search for fulfilment at the very core of the human experience.

In *The Hungry Essence* is not merely a collection of poems—it is a lyrical meditation on what it means to be human. Composed in both traditional verse and flowing prose rhythms, the collection explores universal questions: What is the source of happiness and sorrow? Why are we drawn so deeply to love, even when it wounds? What gives meaning to life?

With over a decade of literary contributions across Bangladesh and West Bengal, Pushpen Ray brings to this collection the emotional maturity and philosophical clarity that have made his voice both relatable and profound. As his 10th solo publication and 8th poetry collection, *In The Hungry Essence* stands as a deeply personal yet universally resonant body of work.

“I have always dreamed of my writing transcending national borders and finding a home in the hearts of global readers,” said Ray in his preface. *“This book is that dream made real.”*

The collection features moving pieces such as **“The Silent Traveller,” “This is My Happiness,”** and **“The Mad Mystic”**—each illustrating the poet's emotional honesty, spiritual introspection, and cultural grounding. The poems offer readers a chance to pause, reflect, and rediscover the essence of love, resilience, and the quiet power of hope.

About the Author

Pushpen Ray, born in Khulna, Bangladesh, holds a Master's in Economics and currently serves as the Director (Administration) at a private medical college. Outside his professional life, he is deeply immersed in literature and has been recognized with several international awards, including the Netaji Subhas Chandra Bose International Gold Award and the Mahatma Gandhi Peace Award.

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Author: **Pushpen Ray**

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