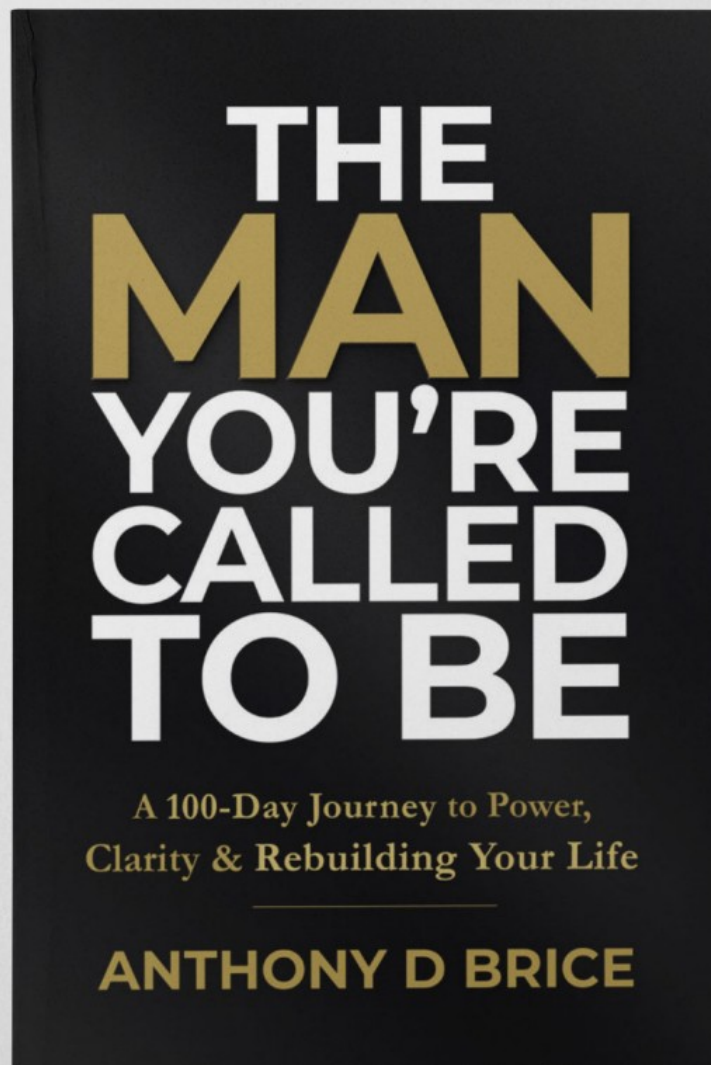


Bestselling Author Launches 100-Day Book to Help Men Reclaim Their Power—Just in Time for Father’s Day



Charlotte, North Carolina May 29, 2025 ([Issuewire.com](https://www.issuewire.com)) - With a social reach of over **300,000 followers** and a viral video seen by **5.1 million people**, transformation coach and bestselling author **Anthony D. Brice** is launching a new book that speaks directly to the silent battles men fight every day.

Titled **The Man You're Called to Be: A 100-Day Journey to Power, Clarity & Rebuilding Your Life**, the book arrives just in time for **Father's Day 2025**, offering men—and the people who love them—a powerful tool for reflection, reset, and growth.

This isn't just another motivational book. It's a 100-day journey of challenge, clarity, and course correction for the man who's tired of carrying it all without a blueprint for healing and rebuilding.

"This book was born out of real conversations with real men—men who feel like they should be further along. Men who carry it all but say nothing. This book is for them." — Anthony D. Brice

In this raw and honest guide, Brice walks men through how to:

- Rebuild with purpose—so setbacks don't define them
- Master emotional discipline—without shame or suppression
- Lead with clarity and conviction
- Break toxic cycles and finally live with peace, not pressure

The Man You're Called to Be is already being called "*a blueprint for men ready to reset*"—perfect for sons, fathers, husbands, brothers, and the women who want to see them whole and thriving.

Whether he's recovering from heartbreak, feeling stuck, or simply tired of carrying so much in silence, this book offers something rare: a real plan to become the man he was always meant to be.

Available now on Amazon and at <https://shop.anthonydbrice.com>

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