

Ann M. Hetzel, PhD, Celebrates Nearly Two Decades of Clinical Psychology Excellence in Westerville, Ohio

Founder of Balanced Perspectives Psychological Services, LLC, Dr. Hetzel continues to provide compassionate, evidence-based mental health care to individuals across their lifespan.



New York City, New York May 12, 2025 ([IssueWire.com](https://www.IssueWire.com)) - Dr. Ann M. Hetzel, PhD, a licensed clinical psychologist with over 19 years of experience, continues to serve the Westerville community through her private practice, Balanced Perspectives Psychological Services, LLC. Located at 550 S

Cleveland Ave, Suite G1, Dr. Hetzel offers comprehensive psychological services, including assessments, therapy, and consultation for individuals ranging from children to older adults.

Since earning her doctorate in clinical psychology in 2005, Dr. Hetzel has specialized in diagnosing and treating a wide array of mental health conditions, including anxiety, depression, obsessive-compulsive disorder (OCD), autism spectrum disorders, and trauma-related disorders. Her approach integrates evidence-based modalities such as Acceptance and Commitment Therapy (ACT), Dialectical Behavior Therapy (DBT), Cognitive Processing Therapy (CPT), and Eye Movement Desensitization and Reprocessing (EMDR), tailored to meet the unique needs of each client.

Dr. Hetzel's practice is known for its inclusive and holistic approach to mental health care. She has worked with clients as young as 12 months and as mature as 102 years, demonstrating a commitment to serving individuals across the lifespan. Her practice also emphasizes cultural competence and inclusivity, providing support for LGBTQIA+ individuals and addressing challenges related to identity and diversity.

In addition to her clinical work, Dr. Hetzel is affiliated with Alcove Ventures LLC, a collaborative network of mental health professionals dedicated to providing high-quality care. Her practice accepts Medicare assignments, ensuring that services are accessible to a broad range of clients.

Learn More about Dr. Ann M. Hetzel:

Through her findatopdoc profile, <https://www.findatopdoc.com/doctor/82635346-Ann-Hetzel-Psychologist>, or through Balanced Perspectives Psychological Services, LLC <https://www.balancedbehavioralhealth.org/>

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Source : Dr. Ann M. Hetzel

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