

Youthful Minds New Specialist Autism and ADHD Assessment Service

At Youthful Minds we are dedicated to providing exceptional clinical experience in autism and ADHD assessments to children, young people and adults.



Gillingham, Kent Apr 25, 2025 ([Issuewire.com](https://www.issuewire.com)) - At [Youthful Minds](#), we are a pool of professionals offering autism spectrum and ADHD assessments for children and adults. We are also offering post diagnostic support and mental health assessments for more comprehensive support.

[Our Approach](#)

We believe in the right time, the right support, and the right person!

Right time – Sometimes accessing services for specialist assessment may not be suitable due to a distressing environment or unresolved trauma. Before accessing ASD or ADHD assessments, you may need to address these issues.

Right support – We want to ensure that ASD and ADHD assessments are right for you. We don't want to offer something that isn't suitable.

Right person – When seeing our clients, we must ensure that we are right for you and you are right for us. We will carefully assess the referral before accepting to ensure the right support is offered.

Although we are a national autism and ADHD assessment and post-diagnostic support service, we

mainly focus on three main areas of work: London, Kent, and Essex. This is because our clinical team has extensive experience working within the NHS across these areas, and we are familiar with local community services and beyond. Additionally, while we specialise in these areas, we have also completed research on other parts of the UK to offer the best care possible should you require a further referral elsewhere.

Currently, we are fortunate not to hold massive waiting times there fore we are able to provide full assessments in timely manner. Our team works 24 hours to ensure that your experience is exceptional and you receive right support from here onwards.

As a service we are offering various interventions such are [ASD](#) and [ADHD](#) assessments, and post diagnostic support. We are also supporting children and adults with [mental health assessment](#) and treatment recommendations.

Biopsychosocial (BPS) model



Graphic: Christine Taylor



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