

Transforming Trauma into Triumph: Adam G. Thomas, PsyD: Launches Clinical Psychology Practice in Annapolis, Maryland

Compassionate Care and Evidence-Based Practices for Healing and Growth



New York City, New York Apr 29, 2025 ([IssueWire.com](https://www.issuewire.com)) - Adam G. Thomas, PsyD, a distinguished clinical psychologist, is excited to announce the opening of his new practice in Rosslyn, Arlington, conveniently located near the Rosslyn Metro station. Specializing in Eye Movement Desensitization and Reprocessing (EMDR) therapy, Dr. Thomas is committed to helping individuals heal from trauma and reclaim their lives through a warm and compassionate approach.

With a Doctorate in Clinical Psychology from The Chicago School of Professional Psychology, where he graduated Summa Cum Laude, Dr. Thomas brings extensive experience in trauma treatment. His professional journey includes working with survivors of sexual assault in a women's trauma program and providing care to combat veterans within the VA system. These experiences have equipped him with a profound understanding of trauma and its impact on individuals.

"My goal is to create a safe space where clients can explore their experiences and emotions," said Dr. Thomas. "I believe in the power of evidence-based practices and a client-centered approach to facilitate meaningful change. Every client's journey is unique, and I am dedicated to supporting them as they navigate their healing process."

Dr. Thomas's specialty areas encompass a wide range of challenges, including abuse and neglect, ADD/ADHD, addictions, anxiety, depression, domestic violence, family issues, grief and loss, as well as marriage and relationship dynamics. His training at the Wings Trauma Treatment Center and the Philadelphia Department of Veterans Affairs has further honed his skills in addressing complex psychological needs.

In addition to his clinical work, Dr. Thomas is an active member of the EMDR International Association and the American Psychological Association, reflecting his commitment to ongoing professional development and adherence to the highest standards of practice in psychology.

As part of his mission to foster healing and growth, Dr. Thomas invites individuals seeking support to reach out for a consultation. His practice is designed to empower clients to overcome their challenges and lead fulfilling lives.

Learn More about Adam G. Thomas:

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/85023480-Adam-Thomas-Psychologist> or through EMDR International Association, <https://www.emdria.org/directory/people/adam-g-thomas/>

About FindaTopDoc.com

FindaTopDoc is a digital health information company that helps connect patients with local physicians and specialists who accept their insurance. Our goal is to help guide you on your journey towards optimal health by providing you with the know-how to make informed decisions for you and your family.

Media Contact

Your Health Contact

*****@yourhealthcontact.com

Source : Adam G. Thomas

[See on IssueWire](#)