

She Rises: Bonita Payton Releases Powerful Memoir of Survival, Healing, and Unapologetic Strength

From corporate veteran to global publisher, Bonita Payton delivers a fearless memoir and movement of healing, resilience, and bold truth-telling.

A portrait of Bonita Payton, a woman with long, dark, curly hair, wearing a blue denim shirt and large hoop earrings. She is smiling and looking towards the camera. The background is a textured wall with blue and grey tones. The text is overlaid on the image.

Bonita Payton

She Rises: The Bonita Payton Story

A Journey of Faith, Failure, and Fierce
Comeback Power

Lebanon, Ohio Apr 30, 2025 ([Issuewire.com](https://www.Issuewire.com)) - Bonita Payton, an accomplished entrepreneur, global media strategist, and podcast host, has officially released her debut memoir, *She Rises: The Bonita Payton Story* — a bold and transformative account of faith, loss, healing, and the relentless will to rise again.

After surviving personal health battles, heartbreak, and major life transitions, Payton delivers more than a memoir. *She Rises* is a movement — an invitation to women everywhere to stop shrinking, stop apologizing, and step into their full, healed, and powerful selves.

“This book is more than my story — it’s a declaration,” says Payton. “I want women to know that surviving isn’t the end. Rising is the real victory.”

With over 31 years of corporate experience, 14 years in international artist and DJ management, and now the founder of She Rises Publishing, Payton brings professional wisdom, faith, and fearless honesty to every chapter. She is also the host of the podcast *Unbreakable, Unapologetic, Unstoppable*, where she interviews powerful voices about the realities of healing and building a legacy after trauma.

She Rises is now available in paperback and eBook formats on **Amazon**.

Order Now on Amazon: <https://a.co/d/5B8EHGh>

Podcast: *Unbreakable, Unapologetic, Unstoppable* with Bonita Payton

Media Kit: <https://www.bonitapayton.com/she-rises-media-kit>

About Bonita Payton

Bonita Payton is an author, publisher, media strategist, and the founder of She Rises Publishing and Bonita Payton Consulting. She is a 31-year corporate veteran turned creative powerhouse who now helps women, authors, and entrepreneurs rise into their stories with boldness, clarity, and media-ready presence.

For interviews, features, or event inquiries, contact:

Email: bonita.payton@bonitapayton.com

Website: www.BonitaPayton.com

Media Contact

Bonita Payton Consulting and Professional Services LLC

*****@bonitapayton.com

2019187048

203A Barnard Court

Source : Bonita Payton Consulting and Professional Services LLC

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