

San Diego Downtown Marina District Farmers' Market returns April 11th from 3 to 7 PM!

The return of the Marina District Farmers' Market comes to the Marina neighborhood in beautiful downtown San Diego!



ASCENDKEMET COLLECTIVE CERTIFIED

WE ARE BACK

GRAND OPENING

OF THE
DOWNTOWN
MARINA DISTRICT
FARMERS' MARKET

APRIL 11, 2025

The wait is over, and we are excited to share that we are back with our most awaited Marina Downtown Market! Join us for a day of farm-fresh goods and community spirit! EBT/SNAP, tokens, and WIC Accepted! EBT can be used on hot foods.

TIME: 3:00 TO 7:00 PM

210 W Island Ave
San Diego, CA 92101

visit us for more information at ascendtials.org

San Diego, California Apr 12, 2025 ([IssueWire.com](https://www.issuewire.com)) - The land of Kemet holds profound significance, embodying the essence of a people who mastered self-discovery through the constant study of nature. Situated on the continent of Africa, they embraced the principles of nature to protect and preserve all forms of life—a concept now often categorized as alternative thinking and medicine. Yet, the universal truth remains: all life on Earth adheres to seasons and cycles, forming the foundation of true alignment. This connection is vividly demonstrated through gardening and harvesting, as we sow seeds in early spring to reap their bounty at the season's close.

These examples in nature are ever-present for those who take the time to notice. Like nature, we too must align ourselves to safeguard our health and avoid missteps. It is only logical to establish boundaries and adhere to principles that guide us toward a successful path. If our ancestors—remarkable but not extraterrestrial—found wisdom in following nature's way, we too can lead more fulfilling lives that protect and sustain everything under our care.

The ASCENDKemet Certified Collective Markets act as a gateway to reconnect with nature, emphasizing the importance of protecting and preserving our world today. They are a lively celebration of freshly harvested fruits, vegetables, herbs, and more that invigorate mind, body, and soul. Local vendors, who share our commitment to timeless principles, bring these goods to life. Join this movement to connect with your community, engage with elders, nurture a healthier future, and foster a vibrant spirit of togetherness!

This year, join us at the ASCENDKemet Collective Certified Markets in both the Marina District and City Heights, as we honor the wisdom and essence of nature. We celebrate fresh produce grown by local farmers and strive to uplift them by supporting their contributions to our neighborhoods. We also champion small businesses in their journey toward self-sufficiency, which becomes the foundation for making choices that align with the values that create a fulfilling, interdependent life while fostering a renewed appreciation for the principle of reciprocity.

Our events offer a wealth of benefits, including:

- **Engaging sessions** on Yoga, poetry, art, and other holistic subject matter that emphasize holistic thinking, principles, and self-sufficiency.
- **Expert-led discussions** featuring experienced teachers and healers, gifted poets and performers, and skilled artists.
- **Vibrant community markets** showcasing fresh produce, delectable holistic foods, herbal remedies, and handcrafted goods from local vendors.

Come and be part of this celebration that nurtures the body, mind, and soul while strengthening community bonds.

About ASCENDtials:

A 501(c)(3) nonprofit organization specializing in Critical Consciousness, by providing thoughtful, holistic educative tools, resources, and training programs that prepare, are preventative, instill, and reinforce a deeper appreciation for self and community, a oneness that builds capacity, and environmental care.

About ASCENDKemet Collective Certified Farmers' Market:

The ASCENDKemet Collective Certified Markets serve as a bridge to reconnect with nature, fostering

protection and preservation for today's world. It's a vibrant celebration of freshly harvested fruits, vegetables, and herbs that nourish mind, body, and soul, brought to you by local vendors who share our mission of thriving through timeless principles. Engage with your community, connect with elders, craft a healthier future, and strengthen community spirit by joining this movement!

[ASCENDKemet Collective Certified Farmers' Market – ASCENDtials](#)



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Source : ASCENDtials

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