

R. Lee Tyson, DNP, DMin, PMHNP-BC: A Trailblazer in Mental Health Care and Nursing Education

With Quintuple-Board Certification and a Pioneering Spirit, Dr. Tyson Is Revolutionizing Nurse-Led Psychiatric Care Nationwide



New York City, New York Apr 20, 2025 ([Issuewire.com](https://www.issuewire.com)) - Mason and Dayton, Ohio - R. Lee Tyson, DNP, DMin, PMHNP-BC, is a distinguished advanced practice nurse whose extensive qualifications and innovative approaches are reshaping the landscape of psychiatric-mental health nursing. With dual doctorates in psychiatric-mental health nursing practice and spiritual formation, Dr. Tyson holds quintuple-board certifications as a Psychiatric-Mental Health Nurse Practitioner (PMHNP), Adult Nurse

Practitioner, Certified Addictions Registered Nurse—Advanced Practice, Certified Nurse Educator, and Clinical Tele-Mental Health Provider.

Dr. Tyson's academic journey began at the University of Cincinnati, where he earned his Bachelor of Science in Nursing in 2008, followed by a Master of Science in Nursing in 2010. His commitment to excellence propelled him to complete a Doctor of Nursing Practice with a focus on Psychiatric/Mental Health Nursing in 2013, also from the University of Cincinnati. Dr. Tyson's dedication to advancing nursing education and practice is matched by his extensive clinical experience, which includes pivotal roles in some of the nation's top-ranked pediatric hospitals, federally qualified health centers, and private psychiatric and addiction treatment hospitals.

Currently, Dr. Tyson serves as an Associate Professor of Clinical Nursing and the Director of PMHNP Programs at the University of Cincinnati College of Nursing. Under his leadership, the college oversees one of the largest PMHNP programs in the nation, preparing the next generation of mental health practitioners. Beyond academia, Dr. Tyson is the Founder, Co-Owner, and CEO of Lee Side Wellness, a leading psychiatric practice in the Cincinnati metro area and a pioneering NP-owned practice on a national scale.

Dr. Tyson's visionary leadership has led to the development of an innovative, replicable, and sustainable business model for NP-led practices. This model has significantly increased access to mental health and substance use disorder treatment by empowering the psychiatric provider workforce across the country. Notably, Dr. Tyson was instrumental in the early national approval of telehealth as a standardized modality for clinical hours, establishing protocols that proved essential during the COVID-19 pandemic. Recently, he established Concierge Mental Wellness of Cincinnati, a “white glove” mental health agency dedicated to serving southwest Ohio.

At Concierge Mental Wellness, Dr. Tyson leads a team that provides precision-medicine-focused mental health care in a discreet and welcoming setting. The practice offers a unique membership program that ensures clients have access to expert care on their schedule, whether through text, email, phone calls, telehealth, or in-person visits. "Experience the difference of personalized, evidence-based care tailored specifically to you," invites Dr. Tyson, emphasizing his commitment to holistic patient care.

Dr. Tyson's approach encompasses not only mental health treatment but also a focus on overall well-being. His services include personalized nutrition advice, tailored exercise plans, mindfulness and stress reduction techniques, and spiritual guidance, all integrated into a comprehensive mental health care plan. This holistic approach ensures that clients receive well-rounded care that addresses all facets of their lives.

In addition to his clinical and academic roles, Dr. Tyson is actively involved in various professional committees and advisory boards. His contributions include serving on the UC Urban Health Pathway, the Ohio Board of Nursing APRN Advisory Committee, and the Ohio Association of Advanced Practice Nurses Education Committee. He is also an advisor for the Attorney General's All-Ohio Healthcare initiative and a respected Fellow of the American Academy of Nursing, the American Association of Nurse Practitioners, and the International Academy of Addictions Nursing.

Moreover, Dr. Tyson plays a pivotal role as chair of the ANCC PMHNP Content Expert Panel, overseeing the role delineation of PMHNPs and the development of their national boards. His commitment to advancing psychiatric-mental health nursing and education is evidenced by his unwavering dedication to innovation and excellence.

When reflecting on his journey, Dr. Tyson shares, "My perseverance, my tenacity. Not giving up. Learning to let life come to me—and that's helped me live authentically and transparently." His story serves as an inspiration to many in the nursing and mental health fields, exemplifying how dedication and innovation can lead to groundbreaking advancements in care.

Learn More about Dr. R. Lee Tyson:

Through his online profile, <https://todaysnurse.org/nurse/4150861>, through Lee Side Wellness, <https://leesidewellness.com/team/ronald-lee-tyson/> or through Concierge Mental Wellness, <https://www.concierge mentalwellness.com/>

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