

Pathway to Wellness Retreat: Relax, Refocus, Rebalance

We are thrilled to announce the Pathway to Wellness Retreat Themed ****Relax~ Refocus~ Rebalance****, taking place from August 22–24, 2025 at the stunning, Sheraton Sand Key Resort on Clearwater Beach, Florida.

PATHWAY TO WELLNESS BI-ANNUAL RETREAT 2025

“Prioritize Health and Well-being”

Theme: **RELAX-REFOCUS-REBALANCE**



Keynote Speaker
Dr. Pauline River
Mental Health Wellness



Mrs. Karen Smith
Mistress of Ceremony



Ms. Edwina Reddick
Spiritual Wellness



Mrs. Marlene Carter
Physical Wellness



Mrs. Merrie Allen
Financial Wellness

Early Bird Registration
March 1, 2025
Deadline to Register
June 1, 2025



Date
Aug 22-Aug 24



Location
Sheraton Sand Key Resort-
Clearwater Beach, Florida.



Scan to
Register



More Information
www.wc4s.org



Contact Us
813 951 4268



Hosted By Women Centered 4 Success

Tampa, Florida May 7, 2025 (Issuewire.com) - This enriching retreat is designed to empower women through a journey of self-discovery and holistic well-being. Our Retreat is rooted in the belief that to care for others, one must first care for oneself. We aim to inspire women to embrace relaxation, refocus their goals, and rebalance their lives.

Our Purpose -- In an ever-demanding world, women often juggle multiple roles and responsibilities, forgetting to prioritize their own health and well-being. The Pathway to Wellness Retreat exists to create a safe, supportive space where women can step away from their busy lives and focus on personal growth. Our aim is to inspire participants to relax, regain focus, and achieve a balanced approach to their lives, cultivating resilience and inner strength.

Participants will benefit from a diverse range of sessions led by speakers covering key aspects of wellness, including:

**** Physical Wellness:** Ms. Marlene Carter-- Explore strategies to enhance your physical health and vitality.

**** Financial Wellness:** Ms. Merrie Allen -- Gain insights into managing finances for long-term stability and success.

****Mental Wellness:** Dr. Pauline Rivers -- Learn tools to improve your mental health and foster emotional resilience.

****Spiritual Wellness:** Ms. Edwina Reddick -- Discover practices that promote spiritual growth and self-awareness.

To further enhance your experience, we will host a ****Paint and Sip Party****, offering a creative outlet for enjoying the company of fellow attendees.

Saturday's agenda includes a delicious lunch followed by a formal dinner, culminating in our Signature semi-formal event, "A Night at Tiffany's. This elegant soirée will feature the signature color of Tiffany Blue, promising a night of inspiration and camaraderie.

Event Details:

Cost to Attend \$300 per attendee (Early Bird Special: \$265 if registered by February 28, 2025)

****Deadline to Register**** June 1, 2025 ****Accommodation Information **Room Rates**** \$249 per night, maximum of 4 occupants per room.

****Parking Fee **** \$25 per night - ****Room Booking Deadline**** July 20, 2025

For registration and additional information, please visit our website at [www.wc4s.org] and secure your spot today!

Take the first step toward rejuvenation and growth by joining us at the Pathway to Wellness Retreat/2025.

We can't wait to welcome you to a weekend filled with inspiration, connection, and empowerment! For any inquiries, contact Sheila Lewis at 813-951-4268.

Women Centered 4 Success: Empowering Women for a Brighter Tomorrow

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