

Michelle Mallicoat: Empowering Health and Wellness as a Nurse Coach/Holistic Nurse Coach

Leveraging 30 Years of Nursing Experience to Provide Personalized Care Across the United States



New York City, New York Apr 14, 2025 ([Issuewire.com](https://www.issuewire.com)) - Florida – Michelle Mallicoat, a dedicated nursing professional with nearly three decades of experience, has transitioned into a new role as a Nurse Coach/Holistic Nurse Coach, following a distinguished career in health services administration and nursing. With a commitment to treating the whole patient, Michelle aims to provide personalized health and wellness support to clients across the United States.

Graduating with her Associate of Science in Registered Nursing from Florida Gateway College in 1994, Michelle furthered her education by earning a Bachelor of Applied Science in Registered Nursing from Capella University in 2019. Her extensive experience includes serving as Health Services Administrator at Lake City Correctional Facility from February 2001 to September 2023, where she managed the medical, dental, and mental health care for over 900 youthful offenders. In this role, she demonstrated exceptional leadership by also overseeing contract physicians and a dedicated team of healthcare professionals.

In December 2023, Michelle took on a new challenge as a bc Registered Nurse Specialist Surveyor within the Division of Health Quality Assurance of the Florida Agency for Health Care Administration (AHCA), where she plays a vital role in shaping health policy and planning for the state.

In May 2024, Michelle expanded her expertise by becoming a Nurse Coach/Holistic Nurse Coach. Through her Multi-State Florida License, she is now able to provide services to clients in all 41 states participating in the Multi-State Compact. Utilizing modern technology, Michelle offers flexible coaching options, including in-person sessions, virtual meetings via platforms like Teams or Zoom, and phone consultations.

“Nurse Coaching/Holistic Nursing is about treating the whole patient, about finding out how a person ended up in the present situation they are in and utilizing the person's resources, drive, determination, and decisions to further their health and wellness goals,” Michelle explains. “The Nurse Coach is there merely as a guide, a resource, a cheerleader, an accountability partner, and someone willing to help you find the path you are willing and want to take.”

Michelle credits her success to the unwavering support of her fellow nurses, emphasizing the importance of trust and camaraderie in the nursing profession, as well as to the mentorship of Regional Nurse Mary Price, who inspired her to pursue further education and professional growth.

With her wealth of experience and compassionate approach, Michelle Mallicoat is poised to make a significant impact in the field of holistic nursing.

Learn More about Michelle Mallicoat:

Through her online profile, <https://todaysnurse.org/nurse/4150265>

Media Contact

TodaysNurse

*****@todaysnurse.com

Source : Michelle Mallicoat

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