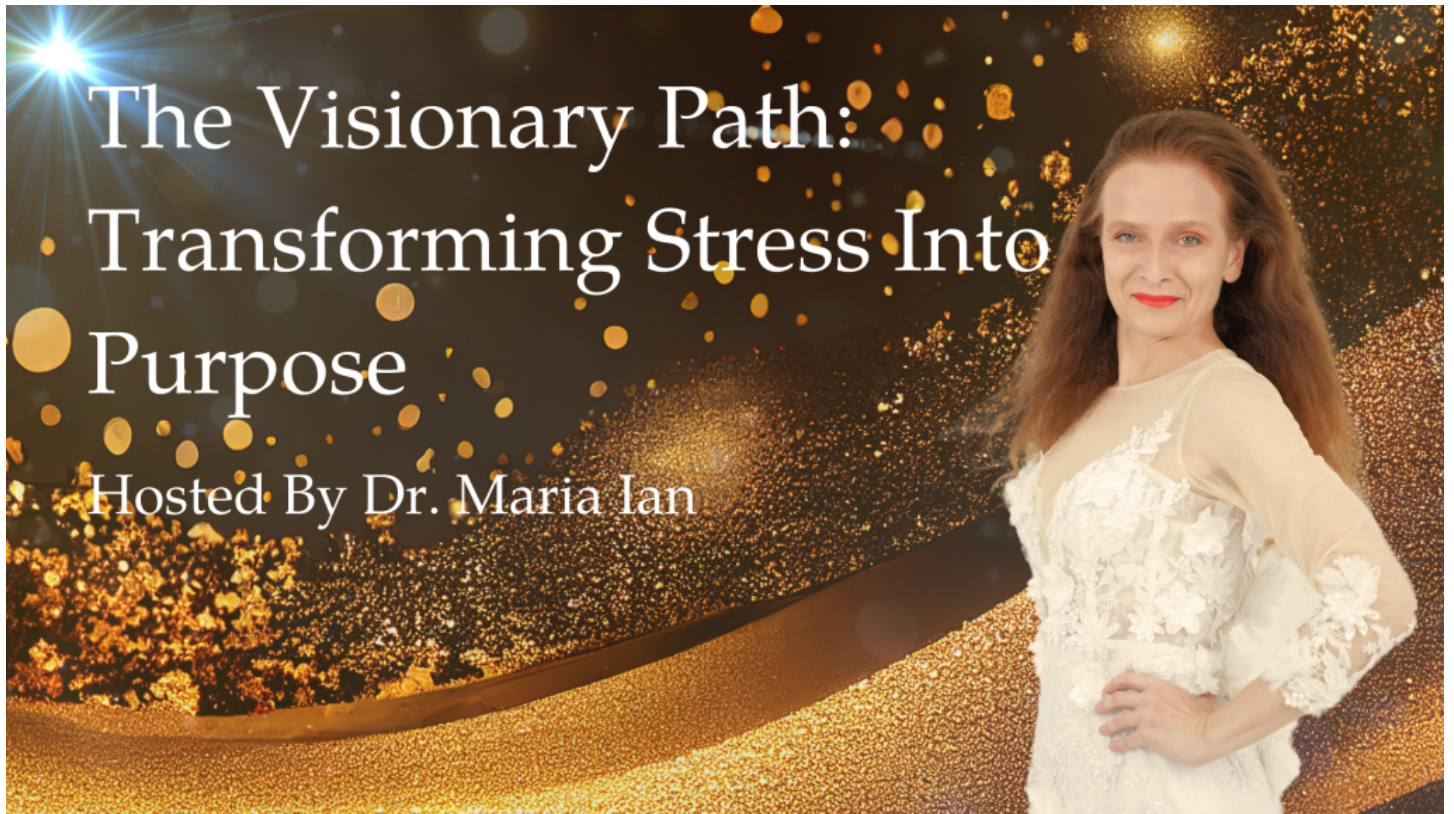


Last Week on The Visionary Path: “Supreme Creator” with Dr. Maria Ian



Phoenix, Arizona Apr 14, 2025 ([Issuewire.com](https://www.issuewire.com)) - *Discover how flow states connect you to your identity, creativity, and inner clarity*

On April 8th, *The Visionary Path* with Dr. Maria Ian aired a compelling episode titled “**Supreme Creator**”, inviting listeners to explore the powerful potential of flow states—and how mastering them can elevate creativity, focus, and self-trust.

In this thought-provoking episode, Dr. Ian revealed how flow states help you move beyond self-criticism and into confident, authentic self-expression. She also explored the subtle pitfalls that can block flow, including fear, fractured intuition, and lack of self-belief.

“Flow is where purpose and presence meet,” said Dr. Ian. “It’s a doorway to becoming the visionary you were meant to be.”

Listeners of “*Supreme Creator*” discovered:

- How to identify and overcome the internal barriers that disrupt flow
- Why your creativity is inseparable from your identity
- How intuitive trust can liberate willpower and unlock clarity

- Simple practices to step into flow—even when life feels overwhelming

About *The Visionary Path*

Each one of us is a visionary—but the stress and worries of daily life often lead us into behaviors that don't serve us. Why do stress, fear, and anxiety make us break promises, lose self-confidence, and procrastinate? Stress is natural—but not understanding its influence keeps us stuck. *The Visionary Path* takes you on a deep dive into how to make fear and stress work *for* you, so you can reclaim mental calm, clarity, and focus—and transform your world with a happy brain.

Missed the episode? Catch “*Supreme Creator*” with Dr. Maria Ian on-demand at

<https://sites.libsyn.com/563685/supreme-creator>

Coming Up Next: Don't Miss Dr. Ian's New Episode – Tuesday, April 15th!

Join *The Visionary Path* this Tuesday, April 15th, for another transformative conversation with Dr. Maria Ian. If you're ready to go deeper into unlocking your inner visionary—don't miss what's coming next. Tune in for tools, insights, and inspiration to help you reset your brain, reclaim your energy, and lead with light.

Stream it on-demand at <https://sites.libsyn.com/563685/site>

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