

Katarina Zupova: A Dedicated Critical Care Registered Nurse Making a Difference at Lenox Hill Hospital

At the Heart of the ICU: Celebrating Decades of Dedication in Neurosurgical Critical Care



New York City, New York Apr 15, 2025 ([Issuewire.com](https://www.issuewire.com)) - Katarina Zupova, a Critical Care Registered Nurse in the Neurosurgical Intensive Care Unit at Lenox Hill Hospital, is a shining example of dedication and compassion in the nursing profession. With a career spanning over three decades, Katarina has devoted her life to caring for patients and their families in one of New York City's premier medical facilities.

Katarina's journey in nursing began in 1983 when she graduated from a European Nursing School with an Associate of Science Degree in Registered Nursing. After gaining valuable experience in the healthcare field, she sought to enhance her qualifications by enrolling in the City University of New York (CUNY) system. In 2019, she proudly earned her Bachelor of Science in Nursing from Hunter College and Lehman College, further solidifying her expertise and commitment to patient care.

Katarina's unwavering commitment to putting patients first is the cornerstone of her practice. "I treat every patient as if they were my own family," she states, emphasizing the compassion that drives her work. Her calling to the medical field has been evident since childhood, making her the first in her family to pursue a career in medicine. After practicing nursing in Europe for 11 years, she brought her skills and passion to the United States, where she has made a significant impact since joining Lenox Hill Hospital in 2004.

Throughout her illustrious career, Katarina has been recognized multiple times for her exceptional care and contributions to the nursing profession. In 2018, she received the prestigious Daisy Award, celebrating extraordinary nurses who provide compassionate care, and she was also nominated for the Distinguished Nurse Award by a physician at Lenox Hill Hospital, further testament to her professional excellence.

Katarina is known among her colleagues for her teamwork, tireless work ethic, and patient-centered approach. Her dedication to nursing and the well-being of her patients continues to inspire those around her as she makes a meaningful difference in the lives of countless individuals every day.

As a vital member of Lenox Hill Hospital's nursing team, Katarina Zupova exemplifies the values of compassion, dedication, and professionalism that define the nursing profession. Her journey serves as an inspiration to aspiring nurses and a reminder of the profound impact healthcare providers have on their communities.

Learn More about Katarina Zupova:

Through her online profile, <https://todaysnurse.org/nurse/4150738>

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