

## Karl Monger Sets the Standard for Mental Health Data Transparency Ahead of HHS Regulations

Army Veteran and Master Subconscious Restructuring® Trainer Leads the Way with Mental Health Accountability and Measurable Outcomes Since 2017



**Los Angeles, California Apr 17, 2025 ([IssueWire.com](https://www.issuewire.com))** - Karl Monger, LPC, MSRT, a former Army Ranger and Master Subconscious Restructuring® (SR™) Mental Health Trainer, has been exceeding the newly proposed U.S. Department of Health and Human Services (HHS) Mental Health Data Transparency and Accountability Standards since 2017—long before the standards are even set to take effect.

Monger utilizes the Burris Institute's Subconscious Restructuring® protocol, a rigorous methodology that mandates the measurement of both emotional and gut health at every session. This approach offers a level of accountability and outcome tracking that aligns with—and surpasses—the upcoming federal expectations. His work with veterans, considered one of the most challenging mental health demographics, has produced exceptional measurable outcomes. A detailed study of Karl's veteran group is available here: [Veteran Group Study](#).

Recognizing the urgent need for practitioners to prepare for these impending federal changes, Monger is offering a special rate on his upcoming SR™ training session, scheduled for April 25–27. This training provides a unique opportunity for mental health professionals, life coaches, and organizational leaders to gain cutting-edge skills in mental and emotional measurement and intervention. Full details and registration information can be found here: [Upcoming Training](#).

Profiles

**Kelly Burris, PhD, MSRT Profile:** [www.burrisconnect.com/user/kelly-burris-phd](https://www.burrisconnect.com/user/kelly-burris-phd)

**Karl Monger, LPC, MSRT Profile:** [www.burrisconnect.com/user/karl-monger](https://www.burrisconnect.com/user/karl-monger)



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