

Judith R. Lee-Sigler, MD: A Leader in Musculoskeletal Care at OrthoSouth

Enhancing Patient Care Through Expertise and Compassionate Practice in Tennessee



New York City, New York Apr 17, 2025 ([Issuewire.com](https://www.Issuewire.com)) - OrthoSouth is proud to announce the continued contributions of Judith R. Lee-Sigler, a board-certified physiatrist specializing in musculoskeletal disorders, who is dedicated to improving patient outcomes through advanced non-surgical treatment options. Operating from both the Germantown and Memphis-Primacy clinics, Dr. Lee-Sigler's commitment to patient care and innovative techniques positions her as a vital member of the

OrthoSouth team.

With a legacy rooted in decades of orthopedic excellence, OrthoSouth was formed from the collaboration of three established practices, uniting under a common goal: to provide world-class orthopedic care complemented by exceptional customer service. Dr. Lee-Sigler's affiliation with the OrthoSouth Spine Institute further enhances the organization's mission by integrating Orthopedic Surgery, Neurosurgery, Physiatry, and Physical Therapy to provide cutting-edge treatment options that prioritize patient well-being.

Dr. Lee-Sigler's impressive credentials include an Undergraduate Degree from Lewis University and a Medical Degree from the Lewis Katz School of Medicine at Temple University. She completed her residency at Schwab Rehabilitation Center, Mt. Sinai Hospital in Chicago, Illinois. As a veteran of the United States Air Force, Dr. Lee-Sigler has served in pivotal roles, including operations in Saudi Arabia during Desert Shield and Desert Storm, showcasing her commitment to service and resilience.

Before joining OrthoSouth in October 2013, Dr. Lee-Sigler excelled as the medical director of the Carle Spine Center at the University of Illinois, Therapy Services, and Inpatient Rehabilitation Unit, and practiced at the Memphis Spine Center. With over 20 years of clinical experience, she specializes in non-surgical spine and orthopedic medicine, employing techniques such as diagnostic and therapeutic injections, orthobiologic medicine, spinal column stimulator trials, and Botox therapies for migraine headaches and torticollis.

Dr. Lee-Sigler is a Diplomate of the American Board of Physical Medicine and Rehabilitation, and her active involvement in esteemed organizations, including the American Medical Association, the Academy of Physical Medicine and Rehabilitation, the International Society of Regenerative Medicine, and the North American Spine Society, ensures she remains at the forefront of evolving medical practices.

Her passion for medicine is clear: "The thing that has always appealed to me as a physician is being able to use science to help people and to have a real impact on their lives. That's always been my driving force." As Dr. Judith R. Lee-Sigler continues her journey with OrthoSouth, her dedication to enhancing patient care remains unwavering.

Learn More about Dr. Judith R. Lee-Sigler:

Through her findatopdoc profile,

<https://www.findatopdoc.com/doctor/358215-Judith-Lee-Sigler-Physiatrist-Physical-Medicine> or through OrthoSouth, <https://orthosouth.org/our-specialists/judith-r-lee-sigler-md>

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Source : Judith R. Lee-Sigler, MD

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