

International Academy of Sleep Announces Strategic Merger of Restfull, Launches Restfull Academy



Montclair, New Jersey May 3, 2025 ([Issuewire.com](https://www.issuewire.com)) - The [International Academy of Sleep \(IAOS\)](#), a leader in Dental Sleep Medicine (DSM) coaching, has announced its merger with [Restfull](#), a rapidly growing dental billing intelligence software company. This strategic move unites two pioneering forces in the field, aiming to streamline reimbursement processes and make dental sleep medicine more accessible and efficient for dentists nationwide through Restfull Academy Powered by IAOS and its

Restfull Concierge billing service.

"If just 10% of physicians transitioned their patients from CPAP to oral appliance therapy, the demand would far exceed the number of trained dental sleep professionals," said [Dr. Mark Murphy](#), Executive Director of IAOS. "The primary barrier isn't clinical capability—it's operational inefficiency. That's why we're bringing everything under one roof."

By combining IAOS's proven coaching system with Restfull's innovative billing software and communications platform, this integration offers dentists a comprehensive solution that eliminates common roadblocks in DSM practice management.

"This is a game-changer," continued Dr. Murphy. "Efficiency is the key to making sleep dentistry more effective, accessible, and financially sustainable. Our goal is simple: help more patients access life-changing care at an affordable cost, and we've finally found a way to make it easy and accessible for dentists at any level."

Founded in 2023, Restfull focuses on helping dentists increase insurance reimbursement rates while maintaining strong patient and referral relationships.

"Our platform was built to eliminate administrative headaches so providers can focus on what matters most: patient care. We believe Restfull will finally allow Dental Service Organizations to succeed in the world of sleep medicine," said [Rio Esqueda](#), Restfull's Chief Operating Officer. "This has been tried before and some have gotten close. But Restfull has finally gathered all of the pieces needed for success into one place."

For over a decade, IAOS has set the industry standard in dental sleep coaching, helping practices boost oral appliance therapy revenues and enhance clinical workflows. With the addition of Restfull's Billing Intelligence and concierge billing services, IAOS now offers a fully integrated solution to support the next generation of DSM practices.

About IAOS

The International Academy of Sleep (IAOS) provides the most comprehensive coaching and practice development in Dental Sleep Medicine. IAOS empowers dentists to achieve clinical excellence, financial success, and improved patient outcomes through its comprehensive training programs and hands-on support.

About Restfull

Restfull is a dental software & billing services company offering a fully-systematized approach to every crucial step in dental sleep medicine and communication tools for DSM practices. With its recent integration into IAOS, Restfull now offers a seamless, full-service solution to optimize billing, reduce denials—all to accelerate and simplify medical reimbursement for dental sleep providers.



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