

Frank Ferrer, MD: Pioneering Ketamine Therapy for Pain Management and Mental Health at Lighthouse Wellness Center

Trusted Branford Physician Providing Innovative Solutions for Chronic Pain and Mental Health Disorders



New York City, New York Apr 1, 2025 ([Issuewire.com](https://www.issuewire.com)) - Lighthouse Wellness Center is proud to announce the continued dedication of Frank Ferrer, MD, an experienced anesthesiologist and pain management physician, in providing innovative healthcare solutions to the Branford community. With over 40 years of experience, including 20 years at the Connecticut Orthopaedics Surgical Center, Dr.

Ferrer specializes in ketamine therapy, a groundbreaking treatment for various ailments, including depression, PTSD, ADHD, anxiety, migraines, and chronic pain.

At Lighthouse Wellness Center, the core mission is to enhance the quality of life for patients suffering from chronic pain and mental health disorders. Dr. Ferrer emphasizes a personalized approach, customizing treatment plans to meet the specific needs of each patient. “Our goal is to eliminate chronic pain and alleviate the adverse symptoms related to mental health disorders,” says Dr. Ferrer. “Ketamine therapy has shown remarkable effectiveness for many patients who have not found relief through traditional treatments.”

Ketamine infusion therapy is a cutting-edge treatment that involves administering a specific dose of ketamine through an intravenous (IV) line. This process allows the medication to bind to receptors in the brain, effectively stopping pain signals and fostering new neural connections that improve thoughts and emotions. Dr. Ferrer assesses each patient’s medical history and current health status to determine if they are a suitable candidate for this innovative therapy.

To maximize the benefits of ketamine therapy, Dr. Ferrer typically recommends a series of infusions over several days. He carefully monitors patients throughout the infusion process, ensuring their safety by tracking heart rate, oxygen levels, and blood pressure. Many patients report significant improvements in their symptoms after just a few sessions, with lasting results that can extend for months.

Dr. Ferrer completed his internal medicine and anesthesia internship and residency at the renowned Beth Israel Medical Center in New York City. His extensive experience includes serving on the teaching staff at Balboa Naval Hospital in San Diego, California, further enhancing his expertise in the field.

To ensure he remains at the forefront of medical advancements, Dr. Ferrer maintains professional affiliations with several prestigious organizations, including the New Haven County Medical Association, the Connecticut State Medical Society, the Connecticut State Society of Anesthesiologists, and the American Society of Anesthesiologists. He also serves as a member of the Advisory Committee to the Department of Public Health on Ambulatory Surgery Centers and is a Co-Founder of the Connecticut Ambulatory Surgery Center Association.

Fluent in both English and Spanish, Dr. Ferrer is dedicated to providing high-quality, accessible care to a diverse range of patients at Lighthouse Wellness Center, ensuring that language is never a barrier to effective treatment.

Learn More about Dr. Frank Ferrer:

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/2706621-Frank-Ferrara-anesthesiologist-Philadelphia-PA-19107> or through Lighthouse Wellness Center, <https://ketamineinfusionct.com/about/>

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Source : Dr. Frank Ferrer

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