

Dr. Katherine McHugh: A Compassionate Advocate for Reproductive Health and Community Well-Being

Board-Certified OB/GYN, Dr. McHugh Combines Expertise with Empathy to Deliver Trauma-Informed Care



New York City, New York Apr 25, 2025 ([IssueWire.com](https://www.issuewire.com)) - Dr. Katherine “Katie” McHugh (she/her), a board-certified OB/GYN, is making waves in the field of reproductive health with her trauma-informed, evidence-based approach to patient care. Licensed in Indiana, Ohio, and Maryland, Dr. McHugh believes that healthcare transcends the confines of the exam room, extending into community engagement and advocacy.

Her journey in medicine is marked by a commitment to compassion and understanding. A graduate of the Indiana University School of Medicine, she honed her skills as a resident physician in obstetrics and gynecology, where she developed a particular interest in chronic pelvic pain and reproductive health. Her approach focuses on building deep connections with her patients, using empathy to navigate the complexities of their health journeys.

In addition to her clinical practice, Dr. McHugh is deeply committed to community advocacy. She has recently completed the Hoosier Women Forward civic leadership program, which empowers Democratic women to take active roles in their communities. Her certification from OutCare in 2020 highlights her dedication to providing inclusive care for the LGBTQ+ community, ensuring that all patients receive the compassionate and comprehensive healthcare they deserve.

Dr. McHugh’s extensive education includes advanced training in evidence-based communication about abortion and certification as a simulation education instructor. As a member of the American Board of Obstetrics and Gynecology, she remains at the forefront of her field, advocating for comprehensive reproductive health care and the rights of all individuals.

Outside of her professional life, Dr. McHugh is a proud queer, cis woman who enjoys a vibrant family life with her partner and two teenage children. The family shares a love for game nights, good food, and their playful dogs. Dr. McHugh’s passion for life extends to her commitment to non-profit boards at both local and national levels, where she actively participates in initiatives that support health and wellness.

With a unique blend of expertise, humor, and heartfelt advocacy, Dr. McHugh is reshaping the landscape of reproductive healthcare. She invites patients and community members alike to join her in fostering a healthier, more compassionate world.

Learn More about Katherine McHugh:

Through her findatopdoc profile, <https://www.findatopdoc.com/doctor/81873596>, or through her website <https://katiemchughmd.com/>

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