

Brilliant Smiles in Austin TX, Now Offers Insurance-Covered Sleep Apnea Treatment with Free Snore Consultation

Take Control of Your Sleep Health with Dr. Glenda Smith and Her Team at Brilliant Smiles



Austin, Texas Apr 21, 2025 (Issuewire.com) - Struggling with loud snoring, restless nights, or daytime fatigue? You could be one of the millions affected by undiagnosed sleep apnea. Fortunately, [Brilliant Smiles](#) in Austin, TX is here to help — offering **in-house sleep apnea therapy** and even billing treatment through **medical insurance**, a rare benefit in dental care.

At Brilliant Smiles, patients can now schedule a **[FREE snore consultation](#)** to speak directly with a doctor, discuss their symptoms, and explore life-changing treatment options. For those already diagnosed or who've had a sleep study, a **sleep consultation is available for just \$218**, with the cost applied toward a sleep apnea appliance purchased in-office within six months.

Led by the experienced and compassionate [Dr. Glenda Smith](#), Brilliant Smiles offers **custom-designed oral appliances** for patients with mild to moderate sleep apnea. These dental devices help maintain open airways during sleep and are comfortable, effective alternatives to CPAP therapy.

"We understand how deeply sleep apnea can impact a person's life — from mood and focus to long-term health," says Dr. Smith. "That's why we're proud to provide top-tier sleep apnea therapy and assist

our patients by billing through their medical insurance.”

Common symptoms of sleep apnea include:

- Loud snoring
- Abrupt awakenings or gasping
- Fatigue and irritability
- Difficulty concentrating
- Morning headaches

If left untreated, sleep apnea may increase the risk of serious health issues such as high blood pressure, heart disease, and depression. That’s why timely diagnosis and treatment are essential.

Brilliant Smiles works closely with patients who have completed a sleep study to determine the right treatment path — from CPAP to **custom sleep apnea mouth guards**. Every appliance is fitted for comfort, discretion, and long-term use.

Contact Information:

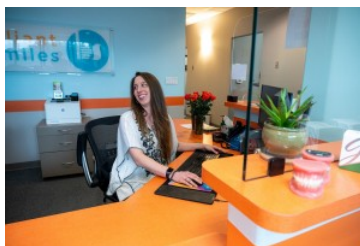
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