## Andrea C. Bennett, MD: A Dedicated Psychiatrist Transforming Lives Through Compassionate Care in Aurora, Colorado

Leading with Empathy and Expertise at Aurora Mental Health & Recovery



to highlight the continued dedication of Andrea C. Bennett, MD, a board-certified psychiatrist specializing in treating addiction, anxiety, depression, and other mental health disorders. Dr. Bennett's collaborative practice style emphasizes the importance of trust and rapport, allowing her to effectively tailor treatment plans that meet the unique needs of her patients.

With a robust academic background, Dr. Bennett earned her Bachelor of Engineering with honors in Biomedical Engineering from Vanderbilt University in 2009. Her passion for the intersection of science and human health led her to Tulane University School of Medicine, where she received her Medical Degree in 2016. Dr. Bennett completed her residency in adult psychiatry at the prestigious University of Virginia Medical Center, further enhancing her expertise through participation in the Global Mental Health Track.

After her residency, Dr. Bennett held key leadership roles, including Acting Medical Director for the Eating Disorders Unit at Robert Wood Johnson University Hospital and Acting Medical Director of the Emergency Psychiatric Service at Hackensack Meridian Health, Jersey Shore University Medical Center, during the height of the COVID-19 pandemic. Following these impactful positions, she completed a fellowship in addiction psychiatry with the University of Pennsylvania Health System, gaining invaluable experience that informs her current practice.

As a Diplomate of the American Board of Psychiatry and Neurology, Dr. Bennett is board-certified in both psychiatry and addiction psychiatry, affirming her dedication to the highest standards of care. Her commitment to mental health extends beyond addiction and eating disorders. She has also served as a staff psychiatrist at the Colorado Mental Health Hospital at Fort Logan, where she further honed her skills in providing comprehensive mental health care.

Dr. Bennett strives to combine her engineering background and medical expertise to provide the most sophisticated, evidence-based, and technologically advanced treatments to all she serves. She brings specialized training in telehealth services, ensuring that individuals in rural areas have access to quality mental health care. Additionally, she is dedicated to providing culturally competent care to LGBTQIA and international refugee populations, addressing the unique challenges faced by these communities.

At Aurora Mental Health & Recovery, Dr. Bennett is poised to make a profound impact on the lives of those struggling with mental health issues. As the lead physician for Aurora Mental Health & Recovery's new transcranial magnetic stimulation program, she is paving the way for improved access to this treatment modality in the community health setting. Her compassionate approach, combined with her extensive training and experience, makes her an invaluable asset to the mental health community in Aurora, Colorado.

## Learn More about Dr. Andrea C. Bennett, MD:

Through her findatopdoc profile,

https://www.findatopdoc.com/doctor/84952069-Andrea-Bennett-Psychiatrist or through Aurora Mental Health & Recovery, https://auroramhr.4tms.com/contact

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Source: Andrea C. Bennett, MD

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