

Vilma L. Rangel, DNP: Transforming Mental Health Care in Brownsville, Texas

With Over 25 Years of Experience, Vilma Offers Comprehensive Mental Health Services Tailored to Individual Needs



New York City, New York Mar 31, 2025 ([Issuewire.com](https://www.issuewire.com)) - Vilma L. Rangel, DNP, a seasoned healthcare professional with over 25 years of diverse experience, is proud to announce her continued commitment to providing comprehensive mental health care as a Psychiatric and Mental Health Nurse Practitioner. Vilma has worked across various healthcare settings, including Long-Term Care,

Hemodialysis, Home Health Care, and both Inpatient and Outpatient Psychiatry, demonstrating her versatility and dedication to patient care.

Academically, her extensive background includes roles as a Certified Nurse Aide, Licensed Vocational Nurse, Registered Nurse, and Nurse Practitioner. Her leadership experience spans positions such as Charge Nurse, Core Measures Specialist, Director of Nurses, Director of Quality and Compliance, and Director of Risk Management. This multifaceted career equips her with a unique perspective on patient care, quality assurance, and healthcare management.

She is a proud graduate of Maryville University of Saint Louis, where she earned her Doctor of Nursing Practice (DNP). She also holds a Master's degree in Psychiatric/Mental Health Nursing from Midwestern State University. Her educational background, combined with her extensive clinical experience, enables her to provide high-quality mental health services that meet the unique needs of her patients.

"I believe in treating the person, not the illness," says Vilma. "I am dedicated to creating a safe and supportive environment where my patients can feel empowered to share their experiences and work towards healing."

As a Psychiatric and Mental Health Nurse Practitioner, Vilma is committed to delivering compassionate and exceptional mental health care to children, adolescents, and adults. She employs a holistic approach, integrating scientific and clinical knowledge to diagnose mental health conditions accurately. Vilma formulates individualized treatment plans that respect and incorporate her patients' cultural preferences, ensuring that care is personalized and effective.

Learn More about Vilma Rangel, DNP:

Through her findatopdoc profile, <https://www.findatopdoc.com/doctor/81384606-Vilma-Rangel-Nurse>

About FindaTopDoc.com

FindaTopDoc is a digital health information company that helps connect patients with local physicians and specialists who accept their insurance. Our goal is to help guide you on your journey towards optimal health by providing you with the know-how to make informed decisions for you and your family.

Media Contact

Your Health Contact

*****@yourhealthcontact.com

Source : Vilma L. Rangel, DNP

[See on IssueWire](#)