

Tiara A. Collins, BSN, RN, PMH-BC: A Beacon of Compassion and Leadership in Psychiatric-Mental Health Nursing

Empowering Patient Care and Advocating for Mental Health at UMMC Midtown Campus



New York City, New York Mar 27, 2025 ([IssueWire.com](http://www.IssueWire.com)) - Often described as motivated, compassionate, and resilient, Tiara A. Collins, BSN, RN, PMH-BC, stands out as a transformative force in psychiatric nursing. With over 15 years of bedside experience across inpatient, outpatient, and home health settings, she currently serves as the Clinical Nurse Manager of the Behavioral Health Unit at the University of Maryland Medical Center Midtown Campus in Baltimore.

In her role, Tiara is dedicated to developing and implementing clinical services that align with the unit's goals, ultimately achieving quality, cost, and volume objectives. She plays a crucial role in monitoring patient and stakeholder satisfaction, striving to enhance services and address organizational requirements. By directing patient care delivery systems, Tiara ensures consistency, quality, and cost-effectiveness across the continuum of care while maintaining compliance with professional practice standards and regulatory requirements. Her commitment to fiscal accountability allows her to achieve outcomes within allocated resources, demonstrating her leadership in the field.

Tiara's academic journey reflects her dedication to professional growth and excellence. She graduated with her Bachelor of Science in Nursing from Alderson Broaddus University in 2009 and is currently working towards earning her Master of Science in Nursing in Leadership and Management from Western Governors University. This strong educational foundation has equipped her with the knowledge and skills necessary to excel in her demanding role.

As an active member of several professional organizations, including the Maryland Nurses Association, the American Nurses Association, the American Psychiatric Nurses Association, the Sigma Theta Tau International Honor Society of Nursing, and The National Society of Leadership and Success, Tiara is committed to advancing the nursing profession and advocating for mental health awareness.

Her exemplary contributions to the field have garnered her numerous accolades, including the Baltimore Magazine Excellence in Nursing Award in 2021 and the University of Maryland Medical Center Excellence in Clinical Leadership in 2022. Tiara attributes her success to her educational background, family support, and innate caregiving instincts, which fuel her passion for achieving positive outcomes in patient care.

Tiara A. Collins continues to inspire her colleagues and patients alike with her unwavering commitment to compassionate care and clinical excellence, making her a true leader in psychiatric mental health nursing.

Learn More about Tiara A. Collins:

Through her online profile, <http://todaysnurse.org/nurse/4150558>

Media Contact

Today'sNurse

*****@todaysnurse.com

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