

Tamara (Suni) Dugan: A Beacon of Compassionate Care in McAlester, Oklahoma

Local Nurse Champions Patient Quality of Life Through Commitment and Expertise



New York City, New York Mar 11, 2025 ([Issuewire.com](https://www.issuewire.com)) - Tamara (Suni) Dugan, a highly respected nurse at McAlester Regional Health Center, is making significant strides in the healthcare community with her unwavering dedication to patient care. With an extensive background in nursing and a passion for enhancing the lives of her patients, she exemplifies the core values of the medical profession:

communication, safety, and trust.

A proud graduate of Quinton High School in 1994, she furthered her education in nursing at Eastern Oklahoma State College, where she earned her degree in 2004. Recently, she completed her studies at Western Governors University, receiving her Bachelor's Nursing degree in 2023, and is currently enrolled at South University's Master Degree FNP Program. Her academic achievements, coupled with years of hands-on experience, have positioned her as a leader in healthcare within the McAlester community.

In her role as RN Clinic Nurse Manager at McAlester Regional Health Center, Suni is dedicated to improving patient outcomes and fostering a supportive environment for both patients and staff. "I believe that effective communication is key to building trust with my patients," she explains. "When patients feel heard and understood, their overall experience improves, and we can work together towards better health."

She attributes her success to her mentor, Kimberly Stout, who has played a pivotal role in her career development. "Kimberly encouraged me to take on leadership roles and pushed me to advance my career," she reflects. "Her support has been invaluable, and I strive to pay it forward by mentoring others in our field."

In a healthcare landscape that is constantly evolving, Suni remains steadfast in her commitment to personal and professional growth. She actively participates in continued education and training, ensuring that she stays abreast of the latest developments in nursing and patient care. Her dedication not only benefits her patients but also inspires her colleagues to strive for excellence.

As a true asset to McAlester, Oklahoma, Suni is not just a nurse; she is a champion for her patients and an advocate for quality healthcare. Her passion for nursing and her commitment to improving the lives of others make her a remarkable figure in the community.

Learn More about Tamara Dugan:

Through her online profile, <https://todaysnurse.org/nurse/4150230>

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