

Stop Shrinking and Start Showing: Ernelita Dacumos Talks Confidence, Self-Worth, and Her Transformational Book

HOW TO
STOP SHRINKING
AND DISCOVER
THE POWER
WITHIN YOU

Unapologetically You

ERNELITA DACUMOS

Sacramento, California Mar 6, 2025 ([IssueWire.com](https://www.issuewire.com)) - Acclaimed author Ernelita Dacumos is making waves with her highly anticipated book, *Unapologetically You: How to Stop Shrinking and Discover the Power Within You*, a powerful guide for those who have achieved success but still battle with self-doubt. Now, she's taking her message to the airwaves.

On March 6, 2025, at 11 AM PST / 1 PM CST / 2 PM EST, Dacumos will sit down with host Steve Steele and guest co-host Anupama Kinatukara on The Leader's Edge radio show, aired through the VoiceAmerica Business Channel. This exclusive interview, titled "Stop Shrinking and Start Showing with Ernelita Dacumos", will offer listeners a deep dive into the birthing of her book and explore two of its most compelling chapters.

In a society that often ties worth to external validation, *Unapologetically You* challenges readers to shed self-doubt, break free from limiting beliefs, and fully step into their power. Through deeply personal stories, invaluable lessons, and actionable strategies, Dacumos provides a roadmap for authentic confidence—one that goes beyond motivational buzzwords and taps into real, lasting transformation.

Listeners can expect an engaging and heartfelt conversation as Dacumos, Steele, and Kinatukara discuss the inspiration behind the book, the challenges of overcoming self-imposed barriers, and the key takeaways that will help readers unlock their true potential. Whether you're a leader, entrepreneur, or someone seeking a breakthrough in personal growth, this episode is a must-listen.

Don't miss this transformative discussion! Tune in on March 6, 2025, via the VoiceAmerica Business Channel and take the first step toward becoming *Unapologetically You*.

About the Author

Ernelita Dacumos is a speaker, writer, coach, and founder of Confidently You LLC, dedicated to helping women embrace boldness, radiance, and unshakable confidence. Already a published author in the Philippines (under a different name), one of her greatest goals was to write a book in the U.S. *Unapologetically You* was born from her deep desire to inspire women to reveal who they are, show up as they are, and awaken the confidence within them.

Her journey wasn't always one of confidence. As an immigrant, she struggled with self-doubt, people-pleasing, and the belief that she wasn't enough. But through personal growth and reflection, she discovered that confidence isn't a trait—it's a skill that can be developed. By prioritizing herself, setting boundaries, and owning her voice, she transformed her life, and now she helps others do the same.

Through writing, speaking, coaching, and facilitating transformational experiences, Ernelita provides women with practical tools to build confidence from the inside out. Beyond her work,

she's passionate about teaching, exploring beautiful landscapes, reading, movies, good food, and spending time by the beach, her happy place.

To connect with Ernelita and learn more about her work, visit: T: (707) 759-8860 E: ernieodacumos@gmail.com Website: confidentlyyou.club Instagram: [@confidentlyyouwithernie](https://www.instagram.com/confidentlyyouwithernie) Facebook: Confidently You with Ernie Facebook Group: Path to Your Personal and Leadership Growth

#radioshow, #podcaster, #networking, #businessbuilding leadership #personalgrowth, #servantleadership #leader, #mentor, #speaker, #motivator #UnapologeticallyYou

#StopShrinkingStartShowing #ConfidenceUnlocked #DiscoverYourPower #EmbraceYourself
#TheLeadersEdge #VoiceAmerica #LiveYourTruth #StepIntoYourPower #SelfWorthMatters
#SelfConfidenceJourney #PersonalGrowth #Empowerment

#BreakFree #InnerStrength

About Ernelita Dacumos and Steve Steele

Ernelita Dacumos, also known as Ernie, is a Personal Development Coach, Speaker, Facilitator, and Trainer dedicated to helping individuals unlock their full potential. Certified through the Maxwell Leadership Certified Team, she has spent over a decade thriving in the healthcare industry while pursuing her passion for mentoring, teaching, and empowering leaders to step into their confidence and purpose.

Once a shy introvert who struggled with self-doubt and perfectionism, Ernie transformed into a confident leader, speaker, and mentor. She knows firsthand what it's like to fear using her voice—having once stuttered when speaking in front of others. Now, she facilitates masterminds, leads workshops, and speaks on stages, inspiring others to break free from their own limitations. She also co-hosts the international radio show, The Leader's Edge, where she engages in thought-provoking conversations about leadership, confidence, and growth.

Ernie is the founder of Confidently You LLC, a company dedicated to empowering women to embrace boldness, radiance, and unshakable confidence in every aspect of their lives. Through speaking, writing, and facilitating transformative experiences, Confidently You LLC provides the tools needed to take courageous action, step into personal power, and build lasting confidence that fuels success and fulfillment—both personally and professionally.

She is passionate about continuous learning, exploring beautiful landscapes, and enjoying life's simple pleasures—including great food, books, movies, and spending time at the beach, her happy place. Above all, she is committed to helping others grow, take courageous action, and build the confidence to create the life they deserve.

As an Executive Director of The John Maxwell Team, Steve is certified to facilitate, speak, train, and coach individuals and groups in the areas of leadership development, professional skills, and personal growth. Trained and mentored by John Maxwell and mentors of his worldclass faculty, Steve is equipped with the tools, resources, and experience to help you and your team improve your productivity, performance, and profitability. Whether you are looking for a facilitator for group workshops, corporate training in leadership, speaking, sales, or coaching skills for your leaders, or a speaker for your next event, Steve has access to exclusive content that is only available through a certified Executive Director of the John Maxwell Team to help you reach your goals and objectives. Steve brings a rich and varied background that adds depth to his Leadership expertise—including 25 years of leadership in nonprofit organizations transitioning to over 23 years of leadership expertise in the corporate environment. Steve is a native-born Texan and has lived in Ft. Worth since 1980. Steve holds a Double Major degree from Baptist Bible College in Music Performing Arts and Biblical Theology. He earned his EXMBA from Colorado Tech University and hails 2 business certifications in Executive Management and Business Administration. Steve is an influential and seasoned facilitator on such subjects as Leadership Development, Personal Growth, and Individual and Group Coaching. He motivates, inspires, and adds value to leaders that will in turn multiply value to others. He is a catalyst for the transformation of other leaders to change and influence the world around them. On behalf of John Maxwell, Steve brings his World Class team building and leadership strategies to Corporations, Businesses, Churches, and

nonprofit organizations as well as personal and group coaching. Through all these activities, Steve maintains a lifeline to his audience, clients, and associates with the goal to reach their fullest potential and thrive both in leadership growth and life.

Steve's website: johncmaxwellgroup.com/stevesteele/

About The Leader's Edge

Thursday at 11 AM PST on VoiceAmerica Business Channel

Do you have a plan for Personal Growth? This was a question that was posed to us a few years ago, which triggered a hunger for Personal Growth. Now, you may be asking the same question to yourself. Well, regardless of your answer, The Leader's Edge show is just for you. This show is uniquely designed by your hosts Steve and Ernie as a path to your personal and leadership growth. We firmly believe in the quote by our mentor, Dr. John Maxwell, "Everything rises and falls on leadership." The Leader's Edge and their guests' mission is to provide you with tangible tools on how to lead well. That may be leading a corporation or leading yourself. So lean in as we take you on this journey every week and share a path and an environment for you to grow personally and professionally.

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