

Shannon Jennings, MD, PhD: Advancing Holistic Mental Health Care Across States

Delivering Personalized, Comprehensive Psychiatric Care to Adults with Expertise and Compassion



dedicated psychiatrist based in St. Louis, Missouri, is making significant strides in the field of mental health care for adults aged 18 and older. With an extensive background in diagnosing and treating a wide range of mental illnesses, Dr. Jennings is licensed to practice in multiple states, including Florida, Nebraska, Illinois, Maryland, Colorado, Tennessee, and Iowa, providing comprehensive care to diverse patient populations.

Taking a holistic approach to mental health, Dr. Jennings draws on a variety of treatment modalities tailored to the unique needs of each patient. Her expertise includes psychotherapy, psychosocial interventions, and other therapeutic approaches designed to support mental well-being. She works closely with patients to develop personalized treatment plans, considering all aspects of their mental and emotional health.

Dr. Jennings treats a wide range of conditions, including depression, anxiety, obsessive-compulsive disorder (OCD), eating disorders, bipolar disorder, personality disorders, insomnia, attention deficit disorder (ADD), and more. Her commitment to patient care is underscored by her belief in the importance of personalized treatment plans that consider the patient's full spectrum of needs.

Dr. Jennings earned her Medical Degree from the University of South Florida Morsani College of Medicine in 2000, followed by a residency in psychiatry at the same institution from 2000 to 2003. She further honed her expertise by completing a fellowship in psychosomatic medicine at St. Louis University School of Medicine from 2003 to 2004.

As a Diplomate of the American Board of Psychiatry and Neurology, Dr. Jennings adheres to the highest standards of medical practice and is committed to lifelong learning, ensuring she remains at the forefront of advancements in psychiatry. Her dedication to professional development reflects her passion for providing the best possible care to her patients.

Learn More about Dr. Shannon Jennings:

Through her findatopdoc profile,
<https://www.findatopdoc.com/doctor/1764740-Shannon-Jennings-Psychiatrist>

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Source : Dr. Shannon Jennings

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