

Sandra Bouzaglou, MD, FACS: Transforming Lives Through Innovative Plastic Surgery in Lexington, KY & Newport Beach, CA

A Leader in Body Contouring and Patient-Centered Care, Dr. Bouzaglou Sets New Standards in Aesthetic Medicine



New York City, New York Mar 20, 2025 ([IssueWire.com](https://www.IssueWire.com)) - Dr. Bouzaglou, a board-certified plastic surgeon and body contouring specialist, has been making waves in the fields of surgical and nonsurgical aesthetics through her pioneering work at The Center for Plastic Surgery and Med Spa. With over 30 years of experience, Dr. Bouzaglou combines her extensive knowledge and compassionate approach to provide transformative care to her patients in both Lexington, Kentucky and Newport Beach, California.

Born in Cleveland, Ohio, and raised in Southern California, Dr. Bouzaglou's journey into medicine began with a mission to improve lives. She earned her medical degree from the Chicago Medical School after studying at UCLA and completed her general surgery residency at The University of Iowa. It was during her plastic surgery residency at The University of Kentucky—the first female resident in the program—that she discovered her true passion.

As a board-certified surgeon and a fellow of the American College of Surgeons, Dr. Bouzaglou maintains strong affiliations with leading professional organizations. She has embraced technology by offering virtual consultations through the Touch MD platform, allowing for remote patient care without compromising on quality.

In 1998, Dr. Bouzaglou opened The Center for Plastic Surgery, Kentucky's first accredited outpatient center, where she has completed over 4,500 successful cases. Known for her innovative techniques, she has shifted many procedures away from general anesthesia to oral sedation and local anesthesia, significantly enhancing patient safety and comfort. This patient-centered model not only reduces recovery time but also expands surgical access to individuals previously deemed high-risk.

With a strong focus on breast surgery—offering augmentations, reductions, lifts, and reconstruction—Dr. Bouzaglou has also made significant strides in body contouring, including liposuction, and specializes in deep-plane facelifts. Her commitment to continuous education ensures that her patients benefit from the latest advancements in aesthetic medicine.

In addition to surgical options, The Center for Plastic Surgery and Med Spa provides a comprehensive range of non-surgical services, including injectables, laser therapies, and RF microneedling as well as Hydrafacials. Dr. Bouzaglou's dedication to safety and innovation means that patients receive the most effective non-invasive treatments available.

Dr. Bouzaglou's unwavering commitment to her patients, marked by her skills, innovation, and compassion, continues to make a significant impact in the world of plastic surgery. For those seeking to enhance their appearance and boost their confidence, Dr. Bouzaglou and her team are dedicated to guiding patients on their journey to well-being.

Learn More about Dr. Sandra Bouzaglou:

Through her findatopdoc profile, <https://www.findatopdoc.com/doctor/1630464-Sandra-Bouzaglou-Doctor> or through The Center For Plastic Surgery and Med Spa, <https://www.center4plasticsurgery.com/>

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