

Pilates Method Alliance Announces the Return of the PMA Conference 2025 in Guangzhou, China



PILATES HARMONY SUMMIT

PHOENIX RISING CONFERENCE

Miami, Florida Jan 9, 2026 ([IssueWire.com](https://www.issuewire.com)) - Pilates Method Alliance (PMA) is going to bring back its PMA Conference, which will be held from April 25 to April 27, 2025, in Guangzhou, China. For the uninitiated, PMA is a not-for-profit organization that offers different Pilates memberships for students, teachers, and big organizations.

PMA provides exclusive access to technical resources, training, expert guidance, and networking opportunities. With any of the PMA membership plans, one can gain access to a supportive community and valuable tools that help them enhance their skills and stay connected with the latest advancements in the Pilates industry.

What is the PMA Conference about?

The PMA Conference is a much-anticipated event where experienced Pilates professionals and other individuals will come together for learning, connection, and inspiration in a dynamic new setting. People, especially Pilates experts, including instructors, teachers, and others who are interested in sharing their expertise with others, can visit the [PMA Conference 2025](#) page on the Pilates Method Alliance's home page.

PMA's Mission The PMA organization was established to elevate the Pilates profession and help people, especially those who join as members, build more effective and successful practices. It also aims to educate the public about the benefits of Pilates.

Major Objectives of the PMA

- > Support and advocate for Pilates professionals
- > Serve as a unifying body for all lineages and schools of Pilates
- > Serve the evolving needs of our community
- > Serve as an information resource for all Pilates constituents
- > Foster community, integrity, and respect within the Pilates industry
- > Facilitate opportunity, credibility, and professionalism
- > Encourage professional development and lifelong learning
- > Promote the benefits of Pilates to the public and allied professionals

PMA is not a training institute but is an organization where Pilates enthusiasts come together to learn and teach Pilates. They are a professional association for Pilates teachers to brush up on their skills so that they can become an expert. When we talk about their common objective, the same is to make a career in this field.

On their platform, one can find complete details about different Pilates training courses with course duration, fees, and institutes offering those courses, so that their users don't have to look anywhere else.

Anyone who wishes to make a career in the Pilates industry must visit their portal and take one of their membership plans, and this will definitely help them achieve their professional goals. To contact them, one can reach them by phone or email, which are mentioned below, or fill out the required form on the Contact page of their website.

Phone: +1-305-573-4946

Email: info@pilatesmethodalliance.org

Website: www.pilatesmethodalliance.org



Media Contact

Pilates Method Alliance

*****@pilatesmethodalliance.org

3055734946

Bayshore Executive Plaza

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