

Paulette Irene Johnson, LVN, LNFA, CDP: A Leader in Nursing and Holistic Health

Expanding Expertise in Nursing, Healthcare Administration, and Alternative Medicine



New York City, New York Mar 11, 2025 ([Issuewire.com](https://www.issuewire.com)) - Houston, TX – Paulette I. Johnson, a distinguished Licensed Vocational Nurse (LVN), Licensed Nursing Facility Administrator (LNFA), and Certified Dementia Practitioner (CDP), continues to make significant contributions to the healthcare industry with an extensive career in skilled nursing, rehabilitation, memory care, and holistic health. With certifications and expertise in various areas, she is dedicated to improving patient care, enhancing staff

training, and integrating holistic and alternative medicine into traditional healthcare practices.

With over a decade of experience in healthcare, Paulette has served in a wide variety of roles, from charge nurse to administrator. Her career includes pivotal leadership positions, such as Assistant Director of Nursing (ADON) at Fall Creek Rehabilitation & Healthcare Center and Assistant Administrator at Focused Care at Humble. She has successfully led infection control departments, managed nursing teams, and implemented resident care plans in compliance with local, state, and federal regulations. Paulette's deep commitment to providing top-tier healthcare has earned her recognition as an expert in long-term care, rehabilitation, dementia care, and hospice services.

Currently, Paulette is serving as the LVN Charge Nurse at Capstone Healthcare at Veterans Memorial in Houston, Texas, where she oversees skilled nursing, memory care, and trach/vent care services. She supervises the nursing staff, including Certified Medication Aides (CMAs) and Certified Nursing Assistants (CNAs), ensuring that residents receive compassionate and high-quality care.

In addition to her nursing and healthcare administration expertise, Paulette is a recognized expert in holistic and alternative medicine. She is pursuing her Ayurvedic Practitioner/Doctorate Program at Yogamu Institute in Rishikesh, India, further expanding her knowledge in complementary and alternative healthcare practices. Paulette is also certified in multiple holistic modalities, including Acupuncture, Chinese pharmacology, and various therapeutic approaches, which she incorporates into her nursing practice to address both the physical and emotional well-being of her patients.

Paulette's journey through the healthcare field has also involved providing specialized care for individuals with terminal illnesses, having worked with hospice patients at various organizations, including One Courageous Hospice and Bay Area Hospice Services. Her commitment to providing palliative and comfort care has been a hallmark of her career, always placing the dignity and comfort of patients at the forefront.

Her educational background is equally impressive, with advanced studies in nursing, holistic studies, law, real estate, and counseling psychology. Paulette's multifaceted education supports her well-rounded approach to healthcare, ensuring that she remains a trusted leader and advocate for the patients she serves.

Paulette Johnson's dedication to both traditional and alternative medicine, along with her decades of experience in healthcare leadership, positions her as a trailblazer in the industry. She continues to provide exceptional care and leadership, transforming the lives of patients and healthcare professionals alike.

Learn More about Paulette Irene Johnson:

Through her online profile, <https://todaysnurse.org/nurse/4149895>

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