

Michael Lesem, MD, PA: Pioneering Outpatient Psychiatry in Houston Since 1989

Transforming Mental Health Care Through Compassionate Treatment and Innovative Approaches



New York City, New York Mar 11, 2025 ([Issuewire.com](https://www.issuewire.com)) - Michael Lesem, MD, PA, has been at the forefront of outpatient psychiatry since its establishment in 1989 under the expert guidance of Michael Lesem, MD. Renowned for his specialized knowledge in psychopharmacology and clinical trials, Dr. Lesem provides a comprehensive range of services aimed at supporting individuals grappling with mental health challenges. The clinic, located in Houston, Texas, is committed to delivering exceptional medication management, state-of-the-art Spravato (Esketamine) treatments, and thorough ADHD evaluation services, ensuring that each patient receives personalized care tailored to their unique needs.

“Whether you're dealing with anxiety, depression, bipolar disorder, ADHD, or any other mental health

concern, our goal is to support you on your journey to recovery,” states Dr. Lesem. “We offer a wide range of services, including outpatient medication management, diagnostic assessments, and are a REMS certified treatment center for Spravato treatments, ensuring you receive the best possible care.” Dr. Lesem’s approach combines clinical expertise with compassion, fostering an environment where patients can thrive and work towards mental well-being.

In addition to his private practice, Dr. Lesem serves as the Medical Director of Claghorn-Lesem Research Clinic, Ltd., a role he has embraced since 1994. His commitment to education is evident in his position as a Clinical Assistant Professor in the Department of Psychiatry and Behavioral Sciences at the University of Texas Medical School, where he has been instrumental in shaping the next generation of psychiatrists since 1989.

Dr. Lesem’s academic journey began at the University of Texas in Austin, where he graduated Cum Laude with a Bachelor of Arts in History in 1976. He earned his Medical Degree from the University of Texas Medical School in Houston in 1981. His medical training included an internship at St. Paul’s Hospital in Dallas and a psychiatry residency at the University of Texas Medical School, where he served as Chief Resident during his final year. Dr. Lesem further honed his expertise through a prestigious research fellowship at the National Institute of Mental Health in Bethesda, Maryland.

As a board-certified psychiatrist in both general and geriatric psychiatry, Dr. Lesem is an active member of several professional organizations, including the American Medical Association, the American Psychiatric Association, the Harris County Medical Society, the Houston Academy of Medicine, the Houston Methodist Physician’s Alliance for Quality, and the Texas Medical Association. His dedication to the field is evident in his ongoing efforts to improve mental health care in the Houston community.

Learn More about Dr. Michael Lesem:

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/3612276-Michael-Lesem-Psychiatrist> or through his website, <https://www.lesemmd.com/about-us>

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Source : Dr. Michael Lesem

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