

Keyshla Rivera Baez, MD: Leading the Charge in Holistic Health and Weight Management

Empowering Patients through Compassionate Care and Innovative Solutions



New York City, New York Mar 11, 2025 ([Issuewire.com](https://www.issuewire.com)) - KeyRo Wellness is proud to announce Dr. Keyshla Rivera Baez, MD, as Co-Founder and Chief Operating Officer. Dr. Rivera Baez brings a wealth

of experience in obesity management, health coaching, and integrative wellness, dedicating her career to helping individuals transform their health and reclaim their vitality.

Dr. Rivera Baez's journey is nothing short of inspiring. After successfully losing 170 pounds in just two years, she understands firsthand the challenges of weight loss and the critical interplay between physical health and mental well-being. "My personal experience has profoundly shaped my approach to medicine," she shares. "I am committed to creating personalized care plans that address both the physical and emotional aspects of health, empowering my patients to achieve lasting results."

At KeyRo Wellness, the mission is clear: to empower individuals to take control of their health and well-being. Dr. Rivera Baez combines innovative medical treatments, including GLP-1 medications, with compassionate, patient-centered care. Together with her patients, she develops customized plans that support their goals—whether it's managing weight, improving overall wellness, or enhancing their quality of life.

A proud native of Caguas, Puerto Rico, Dr. Rivera Baez earned her medical degree from the Universidad Autónoma de Guadalajara. Her personal journey of overcoming depression and obesity fuels her passion for helping others lead healthier, more fulfilling lives. Her commitment to ongoing education ensures that patients receive the latest insights in integrative and functional medicine practices, emphasizing prevention, transformation, and long-term wellness.

"I attribute my success to my extensive background in primary care," Dr. Rivera Baez explains. "I want to shift the focus from reactive care to proactive wellness, helping adults maintain their health through integrative medicine."

KeyRo Wellness is dedicated to fostering a supportive environment where patients can thrive. With Dr. Rivera Baez at the helm, the practice is poised to become a trusted advocate for lasting health and self-improvement in the community.

Learn More about Dr. Keyshla Rivera Baez:

Through her findatopdoc profile,

<https://www.findatopdoc.com/doctor/3216189-Keyshla-Rivera-Baez-General-Practitioner> or through KeyRo Wellness, <https://keyrowellness.practicebetter.io/#/66b9add9ee79e83d18fdf23a/profile>

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Source : Dr. Keyshla Rivera Baez

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