

Joseph Gnanaraj, MD, FACC: A Leader in Cardiovascular Care at Saint Mary's Hospital

Expert Cardiologist Brings 25 Years of Experience to The Heart Group in Waterbury, Connecticut



New York City, New York Mar 4, 2025 ([Issuewire.com](https://www.issuewire.com)) - Joseph Gnanaraj, MD, FACC, a highly skilled cardiologist, is a valued member of the medical staff at Saint Mary's Hospital in Waterbury, Connecticut. As part of the Trinity Health Of New England Medical Group and practicing at The Heart Group, he specializes in providing exceptional cardiovascular care with a focus on holistic treatment approaches.

Dr. Gnanaraj's clinical expertise encompasses the management of heart failure, valvular heart disease,

and heart rhythm disorders, including atrial fibrillation. His philosophy emphasizes treating patients as a whole rather than isolating their heart conditions, ensuring comprehensive care that addresses all aspects of health.

Educated in India, Dr. Gnanaraj graduated with his Medical Degree from Madurai Medical College, affiliated with Tamil Nadu Dr. M.G.R. Medical University, where he also completed his postgraduate training in internal medicine. He has a rich history of medical practice, having served as a consultant physician at Jawahar Hospital in Madurai and as an assistant professor of medicine at Vinayaka Missions Medical College in Salem, India. His international experience includes roles as Senior Registrar of the Department of Medicine for the Ministry of Health in St. Vincent and clinical tutor at Kingstown Medical College at St. George's University.

In 2007, Dr. Gnanaraj completed his internal medicine residency at Griffin Hospital, where he later excelled as Chief Resident, Faculty Hospitalist, and Associate Program Director of the Internal Medicine Residency Program. His dedication to patient care earned him the "Physician of the Year" Award in 2012, and he has received multiple accolades for his commitment to teaching and mentoring residents.

After serving as a clinical instructor at Yale University School of Medicine, Dr. Gnanaraj completed his fellowship in cardiology at Bridgeport Hospital, an affiliate of Yale-New Haven Health. With over 25 years of medical experience, he is board-certified in multiple areas, including cardiovascular disease, internal medicine, echocardiography, peripheral vascular ultrasound, and nuclear cardiology. A Fellow of the American College of Cardiology, he also contributes to the ACC Connecticut Chapter Council.

Fluent in both English and Tamil, Dr. Gnanaraj brings his extensive experience and compassionate care to the Waterbury community, making a significant impact on the cardiovascular health of his patients at Saint Mary's Hospital and The Heart Group - Trinity Health of New England.

Learn More about Dr. Joseph Gnanaraj:

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/788846-Joseph-Gnanaraj-Internist> or through Trinity Health of New England, <https://www.trinityhealthofne.org/provider/joseph-felix-g-gnanaraj-md-cardiology>

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