

Jazmine Woods, PT, DPT: A Rising Star in Physical Therapy Committed to Healing and Rehabilitation

Focused on Pain Relief, Mobility Restoration, and Lasting Recovery



New York City, New York Mar 11, 2025 ([IssueWire.com](https://www.IssueWire.com)) - Jazmine Woods, PT, DPT, is excited to announce her practice as a dedicated physical therapist in Douglas, Georgia, at BenchMark Physical Therapy, specializing in personalized treatment plans that aim to reduce pain, restore mobility, and enhance overall function for her patients. With a diverse skill set that includes various therapeutic techniques such as ultrasound, electrical stimulation, joint mobilization, and more, Dr. Woods is poised to make a significant impact in the field of physical therapy.

Dr. Woods began her educational journey at Kennesaw State University, earning her Bachelor of Science in Kinesiology and Exercise Science in May 2019. She continued to pursue her passion for rehabilitation by obtaining a Master of Science in Kinesiology and Exercise Science from Georgia Southern University, graduating in May 2021 with a 3.22 GPA. Continuing her education, she enrolled at the University of St. Augustine for Health Sciences – College of Rehabilitation Sciences in September 2021 to pursue a Doctorate in Physical Therapy (DPT), completing her Degree in April 2024 with a commendable GPA of 3.58.

Throughout her academic journey, Dr. Woods has accumulated valuable hands-on experience that has shaped her into the compassionate and skilled clinician she is today. Her journey began as a Physical Therapy Technician at Coffee Regional Medical Center, where she honed her skills for over two years. She then transitioned into a Student Physical Therapist role, further expanding her expertise in both outpatient and inpatient settings.

In September 2023, Dr. Woods broadened her horizons by taking on a Student Physical Therapist role at Athletico in Zionsville, Indiana. This experience allowed her to work with a diverse patient population, gaining insights into musculoskeletal physiotherapy, pediatric physical therapy, and more. Most recently, she worked as a Student Physical Therapist at NEUROFIT360, LLC in Cooper City, Florida, from January to April 2024, continuing to build her expertise in various areas of physical therapy.

Dr. Woods is not only passionate about providing effective care but also excels in building personal relationships with her patients. Her strong communication and multitasking abilities enhance her patient-centered approach, ensuring that each individual receives the tailored care they deserve. As she continues her professional journey, Dr. Woods aims to obtain certifications in manual therapy and dry needling to further enhance her therapeutic offerings.

Learn More about Dr. Jazmine Woods:

Through her findatopdoc profile,
<https://www.findatopdoc.com/doctor/85023162-Jazmine-Woods-Physical-Therapist>

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Source : Dr. Jazmine Woods

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