

Jasmine Kearse, MD: Pioneering Personalized Mental Health Care at Aligned Cognition Healthcare Services, PC

Empowering Patients Through Compassionate Care and Innovative Coping Strategies



New York City, New York Mar 4, 2025 ([Issuewire.com](https://www.issuewire.com)) - Aligned Cognition Healthcare Services, PC, led by Chief Executive Officer Jasmine Kearse, MD, is redefining mental health care with its personalized approach that honors the unique journeys of each patient. With offices in Snellville, Georgia, and Tampa, Florida, as well as telehealth services, Dr. Kearse is committed to rejuvenating perspectives and safeguarding mental stability for individuals facing various mental health challenges.

Her mission transcends traditional psychiatric care; Dr. Kearse emphasizes the importance of crafting bespoke strategies that address the specific needs of her patients. “The only difference between you and those you perceive as being normal is coping skills,” Dr. Kearse asserts, highlighting her belief in

the transformative power of coping mechanisms. Her compassionate demeanor and unwavering commitment to patient empowerment serve as a beacon of hope, encouraging individuals to tap into their potential for growth and recovery.

Dr. Kearse's educational journey began with a Bachelor of Science in Biology from Georgia State University in 2005, followed by a Medical Degree from the Medical University of the Americas in 2011. Although she initially sought to specialize in emergency or internal medicine, it was during her psychiatric rotation that she discovered her true passion for mental health.

Her extensive experience includes serving as a resident physician at Bergen New Bridge Medical Center from 2012 to 2015 and as a staff psychologist at Anchor Hospital from 2015 to 2021. Since establishing Aligned Cognition Healthcare Services in 2018, Dr. Kearse has made significant strides in private practice, delivering exceptional care and innovative solutions to her patients.

As a board-certified psychiatrist recognized by the Georgia Medical Board and Harvard Global Mental Health Trauma and Recovery, Dr. Kearse is deeply involved in the mental health community. She holds professional memberships in esteemed organizations, including the Medical Association of Georgia, the Atlanta Medical Association, the National Medical Association, and the American Psychiatric Association.

In addition to her clinical work, Dr. Kearse is a published author, having written two insightful books aimed at demystifying mental health for patients, families, and friends. Her first book, "To Whom It May Concern: Thoughts From A Psychiatrist," contains letters addressing common mental health conditions and provides practical activities to help individuals cope with their symptoms. Her second work, "Hues of Mental Illness," is an adult activity and coloring book that creatively visualizes mental disorders, making complex topics more accessible to the public.

Dr. Kearse's contributions to mental health have not gone unnoticed, as she has received numerous accolades for her excellence and leadership. The Georgia Business Journal honored her with the Best of Georgia awards in both 2023 and 2024, while Gwinnett Magazine recognized her with the Best of Gwinnett awards in the same years. Additionally, the Snellville Award Program acknowledged her with the Best of Snellville awards for 2023 and 2024, underscoring her significant impact in the local community. On a national level, Marquis Who's Who recognized Dr. Kearse as an Industry Leader in 2022, and she was included in Who's Who in America in 2023. Furthermore, she was named a Pinnacle Professional Member by Continental Who's Who in 2023, celebrating her outstanding professional achievements.

Outside her professional endeavors, Dr. Kearse is a dedicated advocate for women and girls and a proud mother. She credits her success to her unwavering faith, drawing strength from her belief in a greater purpose. This guiding philosophy shapes her dedication to mental health, resilience, and her commitment to breaking the stigma surrounding mental illness.

When she is not providing care or writing, Dr. Kearse enjoys spending quality time with her daughter, exploring the Islands, and cheering for her favorite football teams, as she aptly states, "fall is for football."

Dr. Jasmine Kearse is not just a psychiatrist; she is a beacon of hope and a powerful voice for change in mental health care, dedicated to improving lives and empowering her patients through understanding and personalized support.

Learn More about Dr. Jasmine Kearse:

Through her findatopdoc profile,
<https://www.findatopdoc.com/doctor/83940153-Jasmine-Kearse-Psychiatrist> or through Aligned
Cognition Healthcare Services, PC, <https://www.alignedcognition.com/>

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