

Frank Tortorice, MD, ABIM, IFMCP: Pioneering a Holistic Approach to Primary Care in California

Transforming Healthcare for Patients with Type II Diabetes and Obesity-Related Conditions



New York City, New York Mar 14, 2025 ([Issuewire.com](https://www.issuewire.com)) - Dr. Tortorice, a dedicated Primary Care Physician with nearly 20 years of experience in Internal Medicine, is making waves in California's healthcare landscape. With a special focus on treating Type II Diabetes and health issues stemming

from obesity, he is committed to providing individualized care that addresses the root causes of illness rather than merely alleviating symptoms.

Graduating from the University of Rome, School of Medicine, and completing postgraduate studies at the Western Reserve Care System in Youngstown, Ohio, Dr. Tortorice is a Diplomate of both the American Board of Internal Medicine and the American Board of Pediatrics. His accolades include the prestigious Physician of the Year Excellence Award from the California State Assembly, affirming his impact in the medical community.

The doctor is a member of several esteemed organizations, including the California Medical Society, the San Mateo County Medical Association, and the American College of Physicians. He also serves as an active teacher in Family Medicine at the University of California, Davis, since 2001 and as the Official Physician of the Consulate General of Italy in San Francisco since 2007.

What sets Dr. Tortorice apart is his belief in effective, holistic healthcare. He emphasizes the importance of understanding the underlying causes of health issues, which often leads to more sustainable health solutions. "The goal is not to medicate, but to help patients achieve true wellness," says Dr. Tortorice. His practice includes standard diagnostic tests and procedures, along with a comprehensive Medical Weight Loss program and dietary supplements aimed at health maintenance and disease prevention.

Patients who visit Dr. Tortorice receive more than just a medical diagnosis; they experience a collaborative partnership in their health journey. He dedicates time to listen and understand each patient's unique health concerns, fostering an environment of trust and open communication.

"The healing journey really is remarkable when you have the right approach," Dr. Tortorice remarks. His holistic methods have led many patients to remarkable recoveries, including reduced reliance on insulin for diabetes and overcoming long-standing autoimmune conditions.

Learn More about Dr. Frank Tortorice:

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/3323086-Frank-Tortorice-Internist> or through Bay Area Wellness Center, <https://www.diabesitydoc.com/about-us>

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Source : Dr. Frank Tortorice

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