## **Elizabeth Bell-McClure: A Leader in Diabetes Management and Nursing Education at Duke University Health System**

Bridging Advanced Patient Care, Innovative Research, and Academic Excellence



**New York City, New York Mar 11, 2025 (**<u>Issuewire.com</u>**)** - Elizabeth Bell-McClure, a highly esteemed Nurse Practitioner specializing in endocrinology with a focus on diabetes management, has been making significant strides at Duke University Health System since her affiliation began in February 2009. Operating within the prestigious Duke University Hospital, a 1,062-bed acute care and academic tertiary care facility in Durham, North Carolina, Elizabeth is dedicated to enhancing patient quality of life while embodying the core values of communication, safety, and trust.

In addition to her clinical responsibilities, she has served as a Clinical Associate Faculty member at Duke University School of Nursing since 2022, where she shares her extensive knowledge and experience with the next generation of healthcare professionals.

Elizabeth's academic journey began with a Bachelor of Science in Nursing from Duke University, followed by a Master of Science in Nursing from the University of North Carolina at Chapel Hill. In 2022, she completed her educational pursuits by earning her Doctor of Nursing Practice from UNC Chapel Hill, further solidifying her expertise in the field.

Her contributions to nursing extend beyond the clinical setting. Elizabeth has co-authored a pivotal publication with two cardiology nurse practitioners on SGLT2 Inhibitors titled "Sodium–Glucose Cotransporter-2 Inhibitors for Heart Failure: The New Kid on the Block," in The Journal of Nurse Practitioners. This important work discusses the evolving role of SGLT2 inhibitors in managing heart failure, offering valuable insights for healthcare providers and advancing the field of nursing practice. In recognition of her expertise, Elizabeth was invited to serve as the keynote speaker at the Geriatric and Adult Nurse Practitioner Pharmaceutical Conference in March 2021, where she shared her knowledge and insights with fellow practitioners.

Elizabeth attributes her success to the guidance of her mentors, notably Dr. Valerie Sable from UNC Chapel Hill and the esteemed faculty at Duke University. Their unwavering support and encouragement have significantly influenced her career trajectory. Beyond mentorship, Elizabeth's deep-seated desire to help others—both patients and fellow healthcare providers—has driven her to make meaningful contributions in the field. Her passion for improving diabetes management has been a cornerstone of her work, inspiring her research, publications, and advocacy for better patient care.

As Elizabeth Bell-McClure continues to excel in her role, she remains an inspiring figure in nursing, dedicated to making a lasting impact on the lives of her patients and the broader healthcare community.

## Learn More about Elizabeth Bell-McClure:

Through her online profile, <a href="https://todaysnurse.org/nurse/4150424">https://todaysnurse.org/nurse/4150424</a>

## **Media Contact**

**TodaysNurse** 

\*\*\*\*\*\*\*\*@todaysnurse.com

Source: Elizabeth Bell-McClure

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