

Dr. Tim Harrigan, D.C., B.Sc.: A Facilitator to Transform Health at Synergy Wellness in Tucson, Arizona

Empowering Communities and Families through Root Cause Health Care and Evidence-Based Coaching



Chiropractic Physician on the frontline of Functional Nutrition/Medicine and a low-level laser Therapy practitioner, is on a mission to transform lives through education or regenerative and root cause health. As the creator of Synergy Wellness in Tucson, Arizona, Dr. Harrigan leads a passionate team that delivers comprehensive chiropractic care, level laser therapy, auto injury care, functional medicine/nutrition, and more. He is committed to upgrading patients' health and reducing pain and discomfort through non-invasive treatments while addressing the root causes of health concerns.

Dr. Harrigan's journey in health began as a personal fitness trainer who went on to receive a Bachelor of Science in Life Sciences from Kansas State University, followed by a Doctor of Chiropractic Degree from Parker Chiropractic College in Dallas. His extensive studies in clinical nutrition and many other various techniques equip him to guide patients toward optimal wellness, non-invasively. "I feel blessed to help people finally get to the cause of their health issues while enhancing their body's function," Dr. Harrigan shares. "Caring for and transforming people's health is my purpose in life."

As a husband and father, Dr. Harrigan finds inspiration in the simple joys of family life. "The laughter of my healthy children and the love of my wife are moments I cherish. I look forward to watching my children grow and to one day seeing my grandchildren and great-grandchildren. But I understand that the richness of these experiences can diminish if my health isn't maintained," he reflects. Our most important asset, and often the most neglected part of our lives, is our good health and vitality.

Dr. Harrigan recognizes that many individuals desire to be healthy and enjoy precious moments with loved ones, yet they often struggle to navigate the overwhelming information surrounding what is true health and how to achieve it. "I understand this struggle and strive to help families literally transform their health and understand what it means to live well," he states. His goal is to empower patients to embrace a vibrant, fulfilling life for years to come.

Beyond his practice, Synergy Wellness is deeply rooted in the Tucson community, with a commitment to making a positive impact through innovative service and contributions. "When you invest in your health through Synergy Wellness, you're not just improving your own life; you're also supporting others in our local community and beyond," emphasizes Dr. Harrigan. We can only help others and serve well if our health and mental capacity is optimal and we continue with a positive healing trajectory.

Happily married to his wife, Nicole, Dr. Harrigan is the proud father of four wonderful children, who serve as his daily motivation to reach new heights and embody purpose, joy, and resilience. That's more impressive than you may realize, however, Nicole was told she would never have children due to infertility and other health issues that no longer exist due to root cause care!

Learn More about Dr. Tim Harrigan:

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/8136513-Tim-Harrigan-Chiropractor> or through Synergy Wellness, <https://www.naturalhealthtucson.com>

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Source : Dr. Tim Harrigan

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