

Craig Seicshnaydre, MD: A Pillar of Healthcare in St. Tammany Parish and Advocate for Holistic Patient Care



New York City, New York Mar 18, 2025 ([Issuewire.com](https://www.Issuewire.com)) - Dr. Craig Seicshnaydre, MD, ABOM, ABAARM, FAAMM, has been a cornerstone of healthcare in St. Tammany Parish since 1999. With a steadfast commitment to excellence in patient care, Dr. Seicshnaydre has dedicated his career to

serving the community, specializing in the diagnosis and treatment of complex cases as a full-time hospitalist since 2005. His leadership is evident as a founding member of St. Tammany's Department of Hospital Medicine and through his past roles as Chairman of the Medical Care Services Committee and Medical Director of the Discharge Clinic for Transitional Care at St. Tammany Parish Hospital in Covington, Louisiana. Currently, Dr. Seicshnaydre primarily focuses on providing compassionate care to complex oncology inpatients, often with terminal illnesses, on the oncology floor at St. Tammany Health Systems.

Dr. Seicshnaydre's academic journey began at Louisiana State University, where he earned his Undergraduate Degree, followed by a Medical Degree from the LSU School of Medicine in New Orleans in 1995. His rigorous training continued with an internship and residency in internal medicine at the Ochsner Medical Institution from 1995 to 1998. He is board-certified through the American Board of Internal Medicine.

As his medical career evolved, Dr. Craig Seicshnaydre developed a passion for longevity medicine, driven by a desire to help patients age with vitality and purpose. To deepen his expertise, he earned advanced certifications, including Diplomate status with the American Board of Anti-Aging and Regenerative Medicine (ABAARM) and the American Board of Obesity Medicine (ABOM). He also completed a Fellowship in Anti-Aging and Metabolic Medicine (FAAMM) through the American Academy of Anti-Aging Medicine (A4M). Additionally, Dr. Seicshnaydre is a member of the Longevity Docs community, a vetted physician-only network of MDs dedicated to the science of aging and healthspan optimization.

Dr. Craig Seicshnaydre's longevity practice is dedicated to enhancing patients' healthspan and lifespan through a comprehensive, personalized approach. By integrating advanced diagnostics, metabolic optimization, regenerative therapies, and lifestyle interventions, he addresses the root causes of aging at the cellular level. This includes utilizing biomarker testing, genetic analysis, hormone balancing, and biohacking techniques to help individuals maintain optimal health, energy, and cognitive function well into their later years. Dr. Seicshnaydre's goal is to empower patients to achieve optimal health and well-being as they age.

Driven by a deep sense of purpose, Dr. Craig Seicshnaydre is actively establishing a longevity-focused practice in Louisiana, specializing in holistic and natural approaches to health and wellness. In addition to this endeavor, he serves as Medical Director of All American Medical, where he oversees integrative clinics in Hammond and Covington. As one of the few practices in the region offering truly integrative care, All American Medical emphasizes non-invasive, natural therapies for pain management and whole-body wellness.

Learn More about Dr. Craig Seicshnaydre:

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/3703945-Craig-Seicshnaydre-Internist>, through All American Medical, <https://allamericanmedical.net/our-medical-team/> or contact via email shexlongevity@gmail.com

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