

Christina Sternesky: A Beacon of Excellence in Nursing in Arizona

Transforming Lives through Compassionate Care and Expertise



New York City, New York Mar 11, 2025 ([Issuewire.com](https://www.issuewire.com)) - The healthcare community in Arizona is proud to recognize Christina Sternesky as a leading nurse dedicated to enhancing patient care and outcomes. With a deep commitment to her specialty, Christina has become a pivotal figure in the field, known for her exceptional ability to improve the lives of her patients through innovative and compassionate nursing practices.

Pertaining to her educational pursuits, Christina is a graduate of the University of Tennessee at Chattanooga and earned her Bachelor of Science in Nursing in 2003, laying a solid foundation for her nursing career. Initially embarking on a career as a traveling nurse, Christina gained invaluable experience in the Emergency Department (ED) and Intensive Care Unit (ICU) of various hospitals across the United States. After seven years of this nomadic experience, Christina established her residency in New Jersey and commenced her work in local hospitals as an ICU Nurse. During this tenure, she briefly served as a Flight Nurse before assuming the role of Nurse Educator in the ICU.

In 2015, Christina transitioned her career to urgent care. In 2021, she further enhanced her expertise by acquiring a Master's degree in Family Practice Nursing from Walden University. She is currently pursuing her Doctorate in Nursing Practice, which she will complete in August 2025. This comprehensive educational background, coupled with experience, positions Christina as a highly skilled and knowledgeable professional in the dynamic healthcare landscape.

Christina possesses a robust background in the urgent care setting, having served as Chief of Advanced Practice Clinicians for twelve Northern New Jersey Optum Urgent Care clinics. Notably, she was the inaugural Nurse Practitioner to receive Optum's Action in Integrity Award in 2023.

Presently employed at Optum Primary Care in Arizona, Christina is dedicated to providing exceptional healthcare to her patients. Her approach is grounded in the fundamental principles of communication, safety, and trust, which she firmly believes are essential for establishing strong and enduring relationships with her patients. Christina's unwavering commitment to these principles not only elevates the quality of care but also fosters a supportive environment where patients feel valued and comprehended.

As a member of the Nurse Practitioners Association, Christina remains at the forefront of advancements in nursing and healthcare, ensuring that she delivers the most effective and current care to her patients. Her passion for nursing extends beyond her clinical responsibilities; she is also an advocate for nursing education and mentorship, striving to inspire the next generation of healthcare professionals.

Christina's unwavering dedication to patient care and her unwavering commitment to professional development make her an invaluable asset to the healthcare community in Arizona. As she continues to positively impact the lives of many, Christina embodies the essence of leadership in nursing, inspiring both her colleagues and patients alike. The future of healthcare in Prescott is bright, with Christina Sternesky leading the way as a top provider.

Learn More about Christina Sternesky:

Through her online profile, <https://todaysnurse.org/nurse/4150311>

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Source : Christina Sternesky

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