

Brittany Chandler, MSN, RN: Unlocking Your Potential Through Mind, Body, and Spirit for Holistic Well-being and Harmony

Providing Compassionate, Affordable Outpatient Services and Telehealth Accessibility for All



New York City, New York Mar 19, 2025 ([Issuewire.com](https://www.issuewire.com)) - Henrico, Virginia – Brittany Chandler, a dedicated Registered Nurse and Board-Certified Psychiatric-Mental Health Nurse Practitioner, has proudly announced the launch of ALIGN Integrated Care, PLLC, aimed at transforming the mental

health landscape in Virginia. With appointments available in Danville, Martinsville, and Richmond, and all outpatient services offered via telehealth, ALIGN is set to make mental health care more accessible than ever.

Brittany's educational journey laid a robust foundation for her career in mental health care. She began at J. Sargeant Reynolds Community College, earning an Associate of Arts and Sciences in Registered Nursing in 2014. She continued her studies at Virginia Commonwealth University, where she obtained a Bachelor of Science in Nursing in 2017 and later pursued a Master's Degree in Psychiatric/Mental Health Nursing, graduating in 2019. This extensive training has equipped her with the tools necessary to address the complex needs of her patients.

For the past six and a half years, Brittany has been an unwavering advocate for the mental health community. Her personal experiences of witnessing loved ones undergo long-term hospitalizations for mental health treatment sparked a deep-seated passion to create a different narrative for those seeking help. "Some would never return back to the way I remembered them before they left," Brittany reflects. This early exposure served as the catalyst for the birth of ALIGN Integrated Care, a service that not only provides outpatient medication treatment but also emphasizes community resources and interventions to prevent unnecessary hospitalizations.

The name ALIGN embodies a philosophy of holistic healing and personal growth. Each letter in ALIGN represents vital steps in the journey to mental well-being: Acknowledgement, Learn to Listen, Inspect and Identify, Gain and Grow, and Nourish. Brittany explains, "To ALIGN is to bring into agreement two or more components of oneself to improve the overall response. The process does not take place overnight and is not done without work, but with dedication and definition, it can be achieved." She believes that aligning the mind, body, and soul is essential to fulfilling one's true purpose.

Brittany's approach to care is deeply compassionate and inclusive. "I love hard and will do anything to help others that I come into contact with," she states. She understands that everyone experiences imbalance at different points in their lives and is committed to meeting her patients where they are through comprehensive telehealth services.

Raised in a family of ordained ministers, Brittany embraces a spiritual perspective while serving patients of all backgrounds, both spiritual and non-spiritual. Additionally, as the child of a retired Navy father, she holds a special place in her heart for military personnel and their families.

Brittany is also a proud single mother of three boys, and her family-oriented nature extends beyond her immediate family to include her parents, sister, and nephew. She enjoys cooking, especially Filipino and Italian cuisine, traveling, planning family reunions, and creating lasting memories with loved ones.

With the launch of ALIGN Integrated Care, Brittany Chandler is poised to make a meaningful impact on the mental health community in Virginia.

Learn More about Brittany Chandler:

Through her online profile, <https://todaysnurse.org/nurse/4150481> or through ALIGN Integrated Care, PLLC, <https://myaligninc.com/>

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Source : Brittany Chandler

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