

Award Winning Author Shari Emami Featured In Mosaic Digest

Breaking Free From Pain: From Suffering To Strength, My Own Personal Journey With Fibromyalgia And Healing Modalities

Shari Emami H.H.P.



Glendale, California Mar 23, 2025 ([Issuewire.com](http://www.Issuewire.com)) - Award Winning Author And Educator/Speaker, Shari Emami, Of “Breaking Free From Pain: From Suffering To Strength, My Own Personal Journey With Fibromyalgia And Healing Modalities” Is Now In Mosaic Digest. Her Book Is A Great Testament With A Personal Narrative. This Book Won A Literary Titan Gold Award And an Editors Choice Award For Readers House UK. It’s Now Available On Amazon To Purchase.

About The Author:

Shari Emami Is An Award Winning Author And Educator. She Has Done Lectures Discussing The Importance Of Alternative And Holistic Methods For Improving Your Health. She Specifically Deals With Fibromyalgia Pain Management.

In Her Book, “Breaking Free From Pain: From Suffering To Strength, My Own Personal Journey With Fibromyalgia And Healing Modalities”, Shari Emami shares her powerful and poignant journey toward becoming pain-free from this debilitating condition. This book chronicles not only the challenges faced but also the unwavering strength and determination required to reclaim one's life.

Her Interview Here (See Below), In Mosaic Digest, Provides A Great Review Of The Book. If You Have Chronic Pain Or Know Someone That Does, You Must Read This Book.

[Mosaic Digest Interview](#)

Don't Forget To Get A Copy Of The Book!

[Purchase Here On Amazon](#)

Media Contact

Shari Emami Author

*****@gmail.com

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