

Artet Mode: A Movement of Dance, Fitness, and Women Empowerment Led by Baishali Roy



kolkata, West bengal Mar 12, 2025 ([Issuewire.com](https://www.issuewire.com)) - Artet Mode: Empowering Women, Embracing Passion, and Elevating Fitness

In today's world, where women are breaking barriers and redefining success, Baishali Roy stands as a shining example of passion meeting purpose. A dedicated Kathak dancer and certified artist, Baishali transformed her lifelong dream into reality by founding Artet Mode – Dance and Fitness Studio on April 15, 2024. The venture is not just about dance and fitness; it is a movement towards women empowerment, self-expression, and holistic well-being.

A Vision to Inspire and Empower

Baishali Roy's journey is one of perseverance and belief in the power of art and movement. She has always envisioned a space where people, especially women, can embrace their talents, nurture their passions, and build confidence through dance, fitness, yoga, and art. She deeply believes in empowering individuals to follow their dreams, just as she did.

Artet Mode is not just a studio—it is a community. A place where one can rediscover themselves, improve their health, and pursue their passion in dance, Zumba, strength training, and yoga. The overwhelming response and rapid growth of the venture prove that passion, when pursued

wholeheartedly, can create magic.

A Platform Backed by Legends

Artet Mode takes immense pride in being graced by the presence of some of the most respected and esteemed dignitaries in the world of classical dance. The venture feels honored to have received support and appreciation from:

- Durga Arya Ji (Highly respected kathak artist)
- Anurekha Ghosh (Renowned kathak dancer)
- Sriparna Bose (Celebrated Odissi dancer)
- Jyoti Roy (Acclaimed Bharatnatyam dancer and National Scholarship holder)

Their recognition of Artet Mode's efforts adds to its credibility and further strengthens its mission of promoting dance and fitness as a way of life.

A Diverse Team of Experts

To provide the best learning experience, Artet Mode boasts a team of highly skilled and certified professionals from various fields:

- Sanatan Biswas (Bunt Sir) – Certified Zumba trainer (2017) & Bollywood fitness expert
- Soma Das & Rinki Das – Certified yoga teachers & physiotherapists
- Rupa Das – Art & craft expert specializing in drawing and painting. Chitra Bhushan in art certified.
- Sunny Shaw – Strength training transformation specialist, certified fitness consultant, winner at International Jeffseid Classic (2020) & IBBF National Men's Physique (2023)

With such a strong team of professionals, Artet Mode ensures quality training, guidance, and motivation for its members.

The Future of Artet Mode

In just a few months, Artet Mode has created a significant impact, encouraging people to stay fit, embrace movement, and express themselves through various art forms. With its growing popularity, the studio is now looking at expanding to new locations to reach a wider audience.

Baishali Roy's vision is clear—she wants more people to break free from societal constraints, embrace their talents, and pursue fitness and art with dedication and joy.

With passion at its core, Artet Mode is not just a studio—it's a movement, a celebration of art, fitness, and self-expression.

Visit Now: <https://g.co/kgs/Gf9Ji5p>

Instagram Id: https://www.instagram.com/artet_mode/



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