

Sheila Kennedy, DNP, APRN, CNM, MPH Candidate: A Champion for Women's, Sexual, and Reproductive Health in Minneapolis

Dedicated Nurse Midwife and Public Health Advocate Committed to Serving Diverse and Underserved Populations



New York City, New York Feb 7, 2025 ([Issuewire.com](https://www.issuewire.com)) - Sheila Kennedy, DNP, APRN, CNM, MPH Candidate, stands out as a dedicated Certified Nurse Midwife and Women's, Sexual, and Reproductive Health Program Manager at Southside Community Health Services. In her role as Medical Director, Sheila provides comprehensive healthcare services aimed at improving the lives of diverse and underserved populations in Minneapolis.

With a deep commitment to immigrant and minority health, Sheila focuses on supporting patients who have experienced trauma. Her expertise includes forensic exams for survivors of sexual and domestic violence, as well as innovative healing practices like Maya Abdominal Massage, which promotes the reconnection of mind, body, and spirit after traumatic experiences. Through her compassionate care, Sheila fosters an environment of healing and empowerment for vulnerable individuals.

Her educational journey reflects her dedication to healthcare excellence. Sheila earned her Bachelor of Arts Degree in Spanish from St. Catherine University in 2004, followed by a Bachelor of Science in Nursing from Augsburg University in 2012. In 2017, she achieved her Doctor of Nursing Practice Degree with a specialization in Nurse Midwifery from the University of Minnesota. Currently, Sheila is pursuing a Master of Public Health Degree with a concentration in Maternal Child Health and minors in Health Equity and Sexual & Reproductive Health, expected to graduate in May 2025. This rigorous academic background equips her with the clinical skills and public health leadership necessary to advocate for health equity and sexual and reproductive rights, creating pathways for individuals and communities to thrive.

Before her current role, Sheila served as a clinical instructor at the University of Minnesota from 2014 to 2017 and as an APRN, and CNM at Planned Parenthood North Central States from 2017 to 2019. Her extensive experience informs her holistic approach to patient care and community health.

As a passionate member of the Association of Public Health Nurses, Sheila actively promotes high standards in public health nursing practice and educational opportunities. Her work embodies the core values of communication, safety, and trust, ensuring that every patient feels respected and cared for.

In Minneapolis, Sheila Kennedy is not just a healthcare provider; she is a beacon of hope and a true asset to her community, dedicated to transforming lives through enhanced health services and advocacy.

Learn More about Sheila Kennedy:

Through her online profile, <https://todaysnurse.org/nurse/4149738>

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