

Sanaz Khalili Malek, DC: Revolutionizing Wellness with Holistic Chiropractic Care in the Bay Area

Empowering Individuals with Tailored Chiropractic Treatments, Mobile Services, and a Commitment to Long-Term Health and Pain Relief



New York City, New York Feb 27, 2025 ([Issuewire.com](https://www.issuewire.com)) - Revitalize Integrated Body Systems (RIBS) is proud to highlight the exceptional work of Sanaz Khalili Malek, DC, a skilled chiropractor dedicated to enhancing the health and wellness of families in the Bay Area. Utilizing cutting-edge equipment and techniques, Dr. Malek provides holistic chiropractic care that addresses the root causes of pain and dysfunction, helping patients achieve their health goals.

With a Bachelor's in Applied Chemistry from the University of Isfahan, Iran and a Doctor of Chiropractic Degree from the Canadian Memorial Chiropractic College, Dr. Malek has extensive training in various therapies and modalities. Her integrative approach combines advanced chiropractic techniques with a focus on patient education, empowering individuals to take charge of their own health. Dr. Malek leverages her expertise in Active Release Technique (ART®) to complement her chiropractic care, ensuring a comprehensive treatment plan tailored to each patient's needs.

Since founding Tune Mobile Chiro in 2019, Dr. Malek has expanded her services beyond the clinic, offering mobile chiropractic care across the Bay Area. This innovative approach includes corporate wellness programs, house calls, ergonomic consultations, and muscle release techniques. Dr. Malek's commitment to improving functionality and reducing pain extends to providing wellness and nutrition consulting, reinforcing her belief that a balanced lifestyle is crucial for long-term health.

Dr. Malek emphasizes the importance of preventing physical stress-related issues, especially in the workplace. By analyzing and correcting these problems, she equips her patients with self-care techniques that extend the benefits of chiropractic treatment beyond the clinic. "Creating a balance between physical, psychological, and emotional wellness is essential for effective training, treatment, and rehabilitation," Dr. Malek states. Her goal is to not only alleviate pain but also to educate patients on the significance of ergonomics, exercise, and proactive health management.

Through her expertise, Dr. Sanaz Khalili Malek inspires her patients to embrace a holistic approach to wellness, leading them toward a healthier, more balanced life.

Learn More about Dr. Sanaz Khalili Malek:

Through her findatopdoc profile, <https://www.findatopdoc.com/doctor/3461014-Sanaz-Khalili-Malek-Chiropractor>, through Revitalize Integrated Body Systems, <https://www.ribschiropractic.com/dr-sanaz-khalili-malek-dc> or through Tune Mobile Chiro, <https://www.tunemobilechiro.com/>

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Media Contact

Your Health Contact

*****@yourhealthcontact.com

Source : Dr. Sanaz Khalili Malek

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