

Saad Syed, DO: Committed to Preventative Care and Holistic Patient Relationships at Optum Primary Care

Bringing Expert Family Medicine Care to the Community



New York City, New York Feb 10, 2025 ([Issuewire.com](https://www.issuewire.com)) - A board-certified family physician, Dr. Syed is affiliated with Optum Primary Care in Plainview, New York. With a strong commitment to patient-centered care, Dr. Syed is dedicated to improving health outcomes in the community through both preventive measures and comprehensive disease management.

A native of Long Island, New York, he earned his undergraduate degree from St. John's University before pursuing his medical degree at the Edward Via College of Osteopathic Medicine. He completed his residency training at SOVAH-Health Danville in Virginia, where he honed his skills in diagnosing and treating a wide array of medical conditions.

With expertise in managing chronic illnesses such as hypertension, diabetes, hyperlipidemia, and obesity, Dr. Syed is well-equipped to support patients in achieving their health goals. His approach prioritizes prevention, recognizing that proactive measures can significantly enhance overall well-being. Additionally, he has experience addressing various health concerns, including sexually transmitted diseases (STDs), ensuring that his patients receive comprehensive care tailored to their needs.

Among his other roles, he is affiliated with NorthWell Plainview Hospital, further enhancing his ability to provide high-quality care to patients. He is also a member of esteemed professional organizations, including the American College of Osteopathic Family Physicians and the American Osteopathic Association, underscoring his dedication to continued education and adherence to the highest standards of medical practice.

Fluent in English and Urdu/Hindi, Dr. Syed values communication and strives to build strong, collaborative relationships with his patients. He believes that understanding each patient's unique circumstances and preferences is essential to delivering effective care. "My goal is to empower my patients through education and support, helping them to take charge of their health," said Dr. Syed.

Beyond his medical practice, he enjoys reading, traveling, and spending quality time with family and friends—activities that enrich his life and contribute to his holistic approach to health.

Learn More about Dr. Saad Syed:

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/82485644-Saad-Syed-Family-Practitioner> or through Optum Primary Care, <https://east.optum.com/providers/saad-syed/>

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Source : Dr. Saad Syed

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