

Rockey Africa Foundation Brings Joy to Thika's Elderly Community



Kiambu, Central Feb 6, 2025 ([Issuewire.com](https://www.issuewire.com)) - Thika, 24th December 2024 – [Rockey Africa Limited](#), in partnership with Jabali Joycare, embraced the spirit of Christmas by organizing a heartwarming Elderly's Day Out for the senior residents of Thika Municipality. The festive event, held on the 24th of December at the scenic Thika Greens Golf Course on Old Murang'a Road, celebrated the contributions of senior citizens while marking a joyful end to the year.

The gathering saw over 100 elderly participants treated to a day of activities designed to uplift and honor them. Highlights included complimentary health checkups, personalized wellness packages, massages to improve mobility, storytelling sessions, traditional music, and light exercises. The event also featured interactive games, a communal meal fostering camaraderie, a cake-cutting ceremony, and the donation of household foodstuffs to the attendees.

Robert Kamau, CEO of [Rockey Africa Limited](#), expressed the essence of the initiative: "This Christmas, we aimed to ensure the elderly felt valued and loved. Spending this day with them was an honor, creating cherished memories that will last a lifetime."

Joyce Mopero, founder of Jabali Joycare, which specializes in counseling and home-based care,

highlighted the importance of the occasion: “Our elders are the custodians of our heritage and wisdom. This event was our way of celebrating their invaluable legacy while providing them with a day of happiness and care.”

The attendees were filled with gratitude, with Mzee John, a participant, sharing, “It’s wonderful to be celebrated like this. I am deeply thankful to the Rockey Africa Foundation and Jabali Joycare for their thoughtfulness. It has truly been a memorable day.”

This initiative underscores the [Rockey Africa Foundation's](#) dedication to addressing community needs and fostering positive change. Through strategic collaborations, the foundation continues to spread kindness and make a meaningful impact on society.



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