## **Kynna Hunter, RN, BSN: A Compassionate Registered Nurse Committed to Excellence in Patient Care**

Children's Medical Center Nurse Inspires with Diverse Experience and Holistic Approach to Health



**New York City, New York Feb 16, 2025** (<u>Issuewire.com</u>) - Kynna Hunter, RN, BSN, is making a significant impact in the field of pediatric nursing at Children's Medical Center, where she works in the Pediatric Intensive Care Unit (PICU). With a commitment to delivering high-quality care to critically ill children and supporting their families, Kynna continues to expand her expertise and influence in the nursing profession.

Before embarking on her nursing career, Kynna gained valuable experience as a nurse aide in home health and nurse home rehabilitation, where she developed a foundational understanding of patient care in home environments. This early exposure kindled her passion for nursing and motivated her to pursue a Bachelor of Science in Nursing Degree from Lamar University, which she completed in 2021.

Kynna began her nursing career as a Registered Nurse in the Progressive Care Unit (PCU), specializing in cardiac care for adults. Her dedication to learning led her to develop expertise in neurology, particularly in stroke and rehabilitation cases. She also worked closely with telemetry monitoring systems, providing critical care to patients with various cardiac conditions. Kynna's diverse experience further expanded as she assisted in the operating room, delivered pre-operative and post-operative

care, and responded to acute medical cases in the emergency room.

Her transition to pediatric nursing was deeply inspired by her personal experiences caring for her six nieces and nephews, which ignited her passion for providing compassionate care to younger patients. As a member of the American Association of Critical-Care Nurses (AACN), Kynna stays current on evidence-based practices, ensuring that the care she provides is both effective and compassionate.

Kynna's passion for learning extends beyond her clinical practice. She avidly reads literature focused on nutrition, disease prevention, and herbal medicine. Some of the topics that inspire her include "The Role of Antioxidants in Disease Prevention," "The Gut-Brain Connection: How Diet Impacts Mental Health," "Integrative Approaches to Holistic Health", and "Herbal Remedies for Common Ailments". This continuous quest for knowledge informs her practice and enhances her ability to provide holistic care to her patients.

Guided by her faith in God, Kynna is committed to her professional growth and has aspirations of becoming a visionary entrepreneur in healthcare. She aims to integrate wellness into her practice to promote healing and well-being among her patients. Kynna credits her family and friends for their unwavering support, which has been instrumental in her success. Their love, encouragement, and prayers have fortified her resilience, empowering her to overcome challenges in her career.

Outside of her nursing responsibilities, Kynna enjoys various activities that promote physical fitness and relaxation. She practices Pilates to improve her flexibility, strength, and balance. Additionally, she participates in Jiu Jitsu and wrestling, which provide physical challenges and mental engagement. Kynna values active workouts that help her maintain her fitness and energy levels.

Kynna also finds peace and creativity in hobbies such as gardening, where she connects with nature by growing her own produce, and sourdough bread making, which she describes as a satisfying and artistic experience. Spending quality time with family and friends is a priority for Kynna, nurturing those relationships that are vital to her well-being.

A passionate traveler, Kynna believes in the importance of experiencing diverse cultures and cuisines. She is committed to learning Spanish and is actively adding Vietnamese to her language repertoire, aiming to connect with people from various backgrounds around the globe.

Kynna exemplifies the spirit of nursing through her dedication to patient care, commitment to lifelong learning, and holistic approach to health. As she continues to inspire those around her, Kynna Hunter is a remarkable asset to Children's Medical Center and an advocate for critically ill children and their families.

## **Learn More about Kynna Hunter:**

Through her online profile, <a href="https://todaysnurse.org/nurse/4149709">https://todaysnurse.org/nurse/4149709</a>

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Source : Kynna Hunter

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