

Gary Adams, MD, DMD: Renowned Physician Elevating Health and Longevity in Alabama

Bringing Cutting-Edge Regenerative Medicine Services to Huntsville



New York City, New York Feb 25, 2025 ([Issuewire.com](https://www.Issuewire.com)) - Crossroads Medical Wellness, under the leadership of Gary Adams, MD, DMD, is thrilled to announce the expansion of its groundbreaking services into Huntsville, Alabama, in 2025. This expansion will provide cutting-edge regenerative medicine solutions aimed at promoting longevity, enhancing health optimization, and improving overall patient well-being. With a robust portfolio of services including IV hydration, Hyperbaric Oxygen

Therapy (HBOT), metabolic analysis, and advanced regenerative techniques, Dr. Adams is committed to offering personalized treatment plans tailored to each patient's specific needs.

A distinguished physician in regenerative medicine, Dr. Adams has built a reputation for excellence at Crossroads Medical Wellness, with established offices in Decatur and Athens. His innovative approach encompasses a variety of therapeutic services such as weight loss treatments, addiction recovery, hormone replacement therapy, and more. By leveraging the latest advancements in medicine, Dr. Adams has successfully transformed the health and lives of countless patients, emphasizing the importance of individualized care.

As part of his expansion, patients in Huntsville will gain access to a suite of pioneering services, including breath and metabolism analysis, diet and exercise prescriptions, peptide therapies, stem cell treatments, and specialized therapies for dementia and neurodegenerative conditions using plasmalogens and peptides. Comprehensive laboratory evaluations incorporating genomics and biomarkers will further support patients in achieving optimal health and longevity.

In addition to his role at Crossroads Medical Wellness, Dr. Adams collaborates with Madison Wellness & Aesthetic Center, focusing on medical weight loss and hormone balancing. His integrative methodology combines natural treatments with medical-grade supplements and traditional practices, ensuring optimal results for his patients.

Dr. Adams's impressive educational background includes a Bachelor of Science in Chemistry and Biology from Jacksonville State University, a Doctor of Medicine in Dentistry from the University of Alabama at Birmingham School of Dentistry in 1983, and a Medical Degree from the University of Alabama at Birmingham Heersink School of Medicine in 1989. He completed a residency in family medicine at Huntsville Hospital from 1989 to 1992, where he honed his skills in patient care.

Dr. Adams has undergone extensive training and completed several prestigious fellowships to enhance his expertise in orthopedic medicine and pain management. He participated in the Cadaver Procedure Course with Ultrasonography and Fluoroscopy offered by the American Association of Orthopedic Medicine, gaining hands-on experience in advanced techniques. He also attended the Future of Pain Medicine Conference hosted by the World Academy of Pain Medicine, further refining his approach to pain management. Dr. Adams continued his education through the International Procedure Course by the American Association of Orthopedic Medicine, focusing on global advancements in orthopedic procedures. His commitment to comprehensive care also led him to the Basic Spine Orth-Biologic Injection Course with Diagnostic Ultrasound by the International Orthopedic Foundation, which strengthened his skills in spinal treatments. Additionally, Dr. Adams completed a fellowship at the South Florida Bone Marrow and Stem Cell Institute, furthering his knowledge in regenerative medicine. He also completed a Stem Cell Fellowship with the American Academy of Anti-Aging Medicine, equipping him with specialized techniques for advanced stem cell therapies in clinical practice.

Throughout his career, Dr. Adams has made impactful contributions to the medical community, including the development of the Observation Unit in the Huntsville Hospital ER and serving as the first medical director of the Palliative Care Unit. His previous experience with a radiation oncology group at The Center for Cancer Care further enriched his expertise in patient consultation and follow-up care.

Dr. Adams is an active member of numerous professional organizations, including the American Academy of Anti-Aging Medicine, the Age Management Medicine Group, the Cellular Medicine Association, the American Academy of Orthopedic Medicine, the World Academy of Pain Medicine Ultrasonography, the American Society of Addiction Medicine, the American Academy of Regenerative

Medicine, and the American Academy of Procedural Medicine.

Outside of his professional endeavors, Dr. Adams cherishes time spent with his grandchildren and enjoys vacations in Costa Rica, reflecting his belief in the importance of maintaining a balanced lifestyle.

Learn More about Dr. Gary Adams:

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/1490847-Gary-Adams-Family-Practitioner> or through Crossroads Medical Wellness, <https://www.crossroadsmedicalwellness.net/>

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